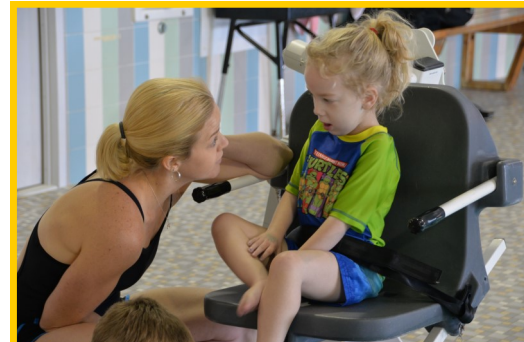


# Adaptive Aquatics Water Safety Classes

## \*Working with Swimmers with Special Needs\*



Water safety is an important life-long lesson, especially for children with special needs that tend to be attracted to water and also are prone to wander. This course will offer young children and youth the opportunity to get accustomed to water and steps to keep them safe around water. The course is an introductory class, not designed to make them a proficient swimmer, but rather to learn safety tips and to get them comfortable with being in and around bodies of water. Lessons will be 1:1 or 1:2 with the instructor as deemed appropriate. **This class session will focus on children with intellectual disabilities who are in Kindergarten—5th grade.**

### **CLASS DATES:**

Session A1: Sept. 9-25, 2019 —Monday/Wednesday Classes

Session A2: Sept. 10-26, 2019 —Tuesday/Thursday Classes

Session B3: Oct. 7-23, 2019 —Monday/Wednesday Classes

Session B4: Oct. 8-24, 2019 —Tuesday/Thursday Classes

**TIME:** 4:15—4:45 p.m.

**LOCATION:** University of North Dakota, Hyslop Sports Center Pool—2751 2nd Ave. N.

**COST:** \$120 for 6 sessions

**TO REGISTER:** Contact Swim ND at [und.swimnd@athletics.und.edu](mailto:und.swimnd@athletics.und.edu) or call 701.777.3050.

Class size is limited, so don't delay in getting signed up to attend!

**Class registration is required. If due to financial hardship, your child cannot attend, contact Safe Kids Grand Forks for partial scholarship opportunities.**

