

# Grandparent Basics

Safe Kids Grand Forks and Altru Health System are pleased to be presenting a Grandparenting Basics Class through the Grand Forks Senior Center. A lot has changed since the days when grandparents of today raised their own children and they play a vital role in the lives of so many of their grandkids, often serving as the primary caregiver. Come and learn helpful hints that include some of the following topics: car seats, safe sleep and changing crib standards, babyproofing, medication safety, home safety topics and much more. **FREE safety items will be distributed to all attendees.**

**Call Ranae at 701.757-4866 to register by May 21. The class is FREE but registration is required.**



**CLASS DATE: TUESDAY - MAY 28, 2019**

**6:00 – 8 P.M.**

**GRAND FORKS SENIOR CENTER  
LOWER LEVEL GARDEN ROOM**

