

# Child Passenger Safety Recommendations

Information from your health care provider and Safe Kids Grand Forks

Keep your toddler in a rear-facing car seat until at least age 2.



Toddlers are safer riding in a rear-facing car seat vs. forward facing until at least their second birthday. In a crash, they have better protection of their fragile head, neck and spine if rear-facing. Following are some safety tips for car seat use:

- If an infant carrier style car seat is used, the child should be switched to a rear-facing convertible car seat once the maximum height or weight has been reached.
- Toddlers should remain rear-facing in a convertible car seat until they have reached the maximum height or weight recommended by the car seat (usually 40 pounds), or at least 2 years old.
- Visit Safe Kids Grand Forks at [safekidsgf.com](http://safekidsgf.com) for more information.



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