



2020 Child Passenger Safety Special Edition

A New Decade, A Time For New Opportunity

The calendar recently changed to a new decade and I found myself reflecting on “how time flies”. As parents, especially to young children, the days often seem long but trust me, they really do “fly by”. I have served as the Coordinator for Safe Kids Grand Forks for over 24 years, nearly a quarter of a century. When I began this job, my kids were little and now they have grown into young adults, graduated from college (and one from medical school) and are in careers of their own. It seems like only yesterday that the messages of safety that Safe Kids Grand Forks staff, our partners and our volunteers share were directed right to me and the age of my children. I was grateful to have a trusting and credible source whereby to get help in my parenting role. I have often said that being a parent is the most important job I will EVER have and yet the one that comes with the least amount of “orientation”. Over the years, my hope as the Coordinator of Safe Kids Grand Forks is that our coalition could serve as a source of credible information and assistance with helping to keep children under age 19 safe from their number one killer—preventable injuries. I think (rather I know), we have been successful in doing that in so many ways. As my “kids” have turned older and the calendar days continue to turn, I know that each day, “a new parent is born” and they too want to do their very best in keeping their precious little ones safe, a job that is high in priority when it comes to parenting.



As we face a new decade, some things will stay the same. . . . Kids will be curious. Kids will learn about their environment by exploring. Parents will try their best to keep their kids safe and they will reach out to credible sources of information for help in that important role. That being said, some things will also change. New dangers will emerge in our homes (liquid laundry packets, button batteries and crashes in vehicle with airbags in the seatbelt didn’t exist back when my kids



were little and yet now, these things are on the minds of parents and caregivers. We are challenged with new safety topics to explore and new ways in which we can get information out to those who are interested. I never imagined Facebook and podcasts and webinars and QR codes that lead to car seat instructions “back in my day”, but they are a part of our world today. While much changes with time, I can promise this to you. . . . Safe Kids Grand Forks will do our best to continue to be the credible source of information and assistance you have come to rely on. We will work hard to maintain partnerships that matter and that make a difference in the lives and safety of children and we will look to others in our community and region to be a part of this work because we are better together. Let’s make this a GREAT NEW DECADE in the world of childhood safety because these little lives we are protecting are our future!!

Carma Hanson and son Erik. Photo taken 2002.

Carma Hanson, MS, RN—Coordinator, Safe Kids Grand Forks

Safe Kids Star: Roseau Area Car Seat Techs



Safe Kids Grand Forks covers more than just the Greater Grand Forks area. Our coalition spreads all over northeast North Dakota and northwest Minnesota. We have over 100 car seat techs in this region that we oversee, help keep certified and assist with setting up car seat check-up events in their towns. Some of the most passionate car seat techs we have are in the Roseau MN area! LifeCare Medical Center is the place to find car seat techs in Roseau. Brooke Homstad, Joann Lambrides and Donna

Johnson all work at LifeCare Public Health, Paula Hedlund is the Wellness Coordinator at LifeCare and Jo Christian works with Northwest Community Action in Greenbush. These ladies have over 54 years of car seat experience combined and are working hard to share what they know about Child Passenger Safety. This past year they invited Jasmine from Safe Kids Grand Forks to Roseau to help get a Bringing Home Baby car seat class started for their expectant parents. They also held an informational meeting with their birthing center staff to find out how they could help parents be more prepared and staff more educated when it comes to car

seats and correct use.

Every summer these ladies like to hold a car seat check-up in each of their 3 communities: Roseau, Warroad and Greenbush. They do a great job of coordinating all the logistics, securing a location for the check-up, getting word out about the event, having volunteers to direct traffic, etc. They are always eager to learn more about car seats and the new technology that is coming out.

We are so lucky to have these ladies as car seat techs and a part of our Safe Kids Grand Forks coalition!



Pictured: Jasmine Wangen (Safe Kids Grand Forks), Paula Hedlund, Joann Lambrides, Donna Johnson, Jo Christian, Brooke Homstad

SAFE KIDS GRAND FORKS

KEEPING KIDS SAFE

at Home
at School
at Play
and on the Way!

www.safekidsgf.com

Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks.

Why Should Your Child Use a Car Seat on an Airplane?

Two Reasons: Safety & Comfort

Here's a typical scenario. You're flying somewhere with your kids. You're already bringing a stroller, suitcases, toys, diaper bag and 1+ children. Many parents are overwhelmed by the sheer amount of stuff kids require and the first item to get left behind is often the car seat. This shouldn't be the case! Kids are much better protected if they use a car seat on the plane. Almost all car seats are allowed on planes also.

You aren't allowed to hold a drink during takeoff and landing. All bags must be stowed. This is because anything not secured is liable to fly around if a problem were to occur. Children in a car seat are securely fastened to the airplane seat – just like everyone and everything else in the cabin. Doesn't your child deserve the same protection as you... or your suitcase?

What would happen during sudden turbulence? You might not be able to hold onto your child tightly enough to keep him safe – the G-forces are simply too strong: making everything weight 10-25 times its usual weight.

We know, taking a car seat along can seem like a hassle, but think about it. Do you really want to hold your squirmy 10 month old for 3 hours? When a child is in their car seat on a plane they tend to behave better and have a better chance of falling asleep vs being held.

You also will need a car seat to get to and from the airport safely anyway. Renting a car seat when you get to your destination isn't always a great option. Will they have the right size seat for your child, what shape is that car seat going to be in? Has it been in a crash or recalled or does it have missing parts?

The American Academy of Pediatrics recommends that kids ride in a car seat on airplanes. This is based on studies which show preventable deaths and injuries have occurred in lap children.

If you are planning to fly with children, please contact Safe Kids Grand Forks if you have questions on how to do so safely. We also have airline harness vests available to loan out, these are a great option for young children.



NO KEYS UNTIL YOU KNOW THE RULES

NO CELL PHONES WHILE DRIVING	NO PASSENGERS
NO SPEEDING	NO ALCOHOL
NO DROWSY DRIVING	ALWAYS BUCKLE UP

 NHTSA



WWW.NHTSA.GOV/TEENDRIVING



SOURCE: NHTSA

CHILD PROOF YOUR RIDE



Car Seat

Get it professionally installed and use it correctly on every ride.

Rear-facing until child reaches max height & weight limit for the seat.

Forward-facing with harness & tether until child's shoulders are above the highest harness slot or they max out the weight limit of the seat.

Booster seat until the seat belt fits the child correctly.



Carbon Monoxide

Never leave a vehicle running in the garage (even with the garage door open). Carbon monoxide can leak into your home and kill.



Keyless ignitions are especially dangerous because they are often accidentally left on.



Install carbon monoxide detectors in all levels of your home & sleeping areas (even if you are renting!)

Always clear the tailpipe of ice, snow or debris so carbon monoxide can't leak into the vehicle.

Blindzones

Areas on ALL sides of ALL vehicles where a child cannot be seen by the driver.



Bye-Bye Syndrome: Children commonly follow people out of the home unnoticed to say hi or bye-bye and end up in the path of a vehicle.

→ Directly supervise children when anyone is arriving or leaving the home and in parking lots.



Head rests

Keep head rests on all seats. These protect your neck in a crash.



Featured Car Seat – Britax One4Life

The One4Life Convertible Car Seat from BRITAX grows with your child from infancy to 10 years of age. Equipped with ClickTight for easy installation, the car seat has a 5-point safety harness, 2 layers of side impact protection and 15 head and neck positions.

This seat will rear face from 5-50 pounds and forward face up to 65 pounds. It will then transition into a highback booster for kids up to 120 pounds. The seat has a retail price of \$374.99.



Infant
5-20 lbs



Toddler
20-50 lbs



Preschool
22-65 lbs



Big Kid
40-120 lbs

Rear Face Longer!

We know that rear facing is much safer than forward facing in a car. This has to do with the crash dynamics and the fact that most car crashes are frontal. We

encourage families to keep their kids rear facing “as long as possible”, but what exactly does that mean?

It is encouraged to stay rear facing until at least 2 years of age, but well beyond that if they fit within the height and weight limits of the car seat. With that, many car seat manufacturers are making car seats designed to rear face past 2 years of age knowing that there are a lot of families out there that want to do extended rear facing. We are seeing a lot of car seats on the market that now rear face to 50 pounds, which is pretty exciting! This means that, depending on their height, kids can rear face until 3, 4 or even 5 years old! Sure, the child’s feet will be touching the back of the vehicle seat, but know that they will be much safer in a crash and probably a lot more comfortable in a reclined position when they fall asleep in the car.

Updated: March 2019

Car seats that rear face to 50 pounds



Nuna Rava
49" / 50 lbs



Safety 1st UltraMax
49" / 50 lbs



Safety 1st Grow and Go EX Air
49" / 50 lbs



Chicco Nextfit Max
49" / 50 lbs



Diono Rainier 2AX
Rainier 2AXT
44" / 50 lbs



Clek Foonf & Flo
43.9" / 50 lbs



Evenflo EveryStage
48" / 50 lbs



Graco Extend2fit
Extend2fit 3-1
4ever Extend2fit
49" / 50 lbs



Cybex Eternis S
48" / 50 lbs

FOR YOUR TEEN DRIVER, THE FORD DRIVING SKILLS FOR LIFE PROGRAM COULD BE THE EVENT OF **A LIFETIME.**



The Ford Driving Skills for Life program teaches teens personal responsibility and the skills to make the right choices when driving. Teens 14-18 years old with their permit or license can drive in a closed controlled setting with law enforcement while learning to handle various distractions. They can also experience virtual simulators and many more interactive stations.

Give your teen driver the advantage of learning from experts and practicing in a controlled environment. Sign your teen up for the Ford Driving Skills for Life Program, Wednesday, August 5, 2020 at the Gambucci Arena in Grand Forks.

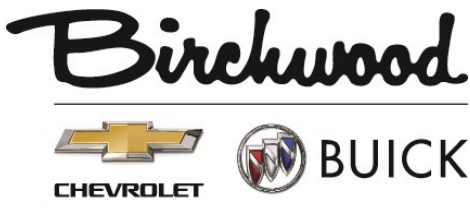
Learn more at VisionZero.ND.gov.



A GIANT Thank You!

The Safe Kids Grand Forks staff and car seat technicians would like to thank our wonderful GM Dealerships and the Grand Forks Fire Department that allow us to hold our car seat check-up events at their locations. They are all so accommodating and keep us out of the rain and snow when we are out helping the community. Between these 5 locations we checked a total of 466 car seats in 2019!

The next time you visit one of these fine places, please stop to tell them **THANK YOU** for all they do for Safe Kids and to help keep kids safe in their communities.

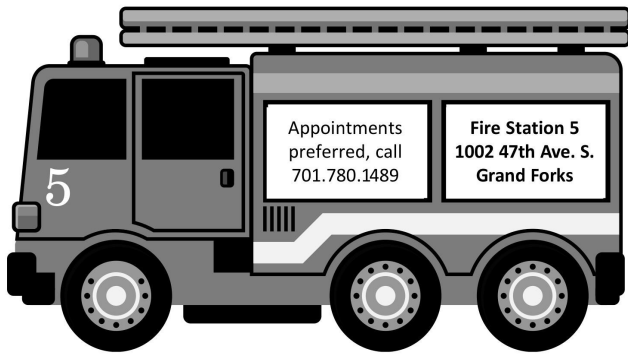


Car Seat Check-Up Events at Fire Station 5

2020 Dates

January 23	1-3 p.m.	July 23	1-3 p.m.
February 25	9-11 a.m.	August 27	9-11 a.m.
March 23	1-3 p.m.	September 24.....	1-3 p.m.
April 22	9-11 a.m.	October 21	9-11 a.m.
May 26	1-3 p.m.	November 24.....	1-3 p.m.
June 23	9-11 a.m.	December 21.....	9-11 a.m.

Additional dates and location on other side.



Car Seat Check-Up Events

presented by:



4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's car seat on a recall list? Come and we'll check.

in cooperation with

Rydellcars.com

Car seat check-ups are offered the second Thursday of every month from 4 - 7 p.m.

2700 South Washington Street

Stop by and make sure your children have a safe ride.



Baby on the way?

Register for our Bringing Home Baby class offered twice a month. This class is taught by a certified car seat technician and will provide you with basic car seat education, hands on practice and assistance with installing your car seat in your vehicle. To register call 701.780.1400.

2020 Dates

- January 9
- February 13
- March 12
- April 9
- May 14
- June 11
- July 9
- August 13
- September 10
- October 8
- November 12
- December 10

For more information, contact Safe Kids Grand Forks at 701.780.1489 or visit www.safekidsgf.com



Additional dates and location on other side.

IN 2019 OUR AMAZING GROUP OF 101 NATIONALLY CERTIFIED CAR SEAT TECHNICIANS HELPED SAFE KIDS GRAND FORKS CHECK 1,200 CAR SEATS. THESE WERE CHECKED IN 22 COMMUNITIES THROUGHOUT NORTHEAST NORTH DAKOTA AND NORTHWEST MINNESOTA.



In Case of Emergency

Child's Name _____
 Child's Date of Birth: _____
 Emergency contacts (Other than driver of this vehicle):
 Name: _____
 Phone: _____
 Name: _____
 Phone: _____
 Allergies/Medical Issues: _____

We have these stickers (green ones to the left) free of charge to place on your car seat or booster in the event of an emergency where the driver may not be responsive. It will assist emergency responders. To obtain some, email safekids@altru.org. Please include your mailing address and how many you would like.

Car Seat Check-Up Events



presented by:  **SAFE KIDS** GRAND FORKS  **Altru** HEALTH SYSTEM

To schedule an appointment, call Walsh County Health District at 701.352.5139.

4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's car seat on a recall list? Did you know that children up to 4'9" should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks is pleased to partner with Walsh County Health District and Hanson's Auto & Implement to offer routine car seat check-ups. These will be offered from 4:30-6 p.m. at Hanson's Auto & Implement on Hwy 17 in Grafton **by appointment only.**

in cooperation with:



14830 Hwy 17, Grafton, ND

2020 Dates

February 6
May 7
August 6
November 5



For additional car seat check-up events in Grand Forks and surrounding areas, please visit Safe Kids Grand Forks on Facebook!



Car Seat Check-Up Events



presented by:  **SAFE KIDS** GRAND FORKS  **Altru** HEALTH SYSTEM

4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's car seat on a recall list? Come and we'll check. Did you know that children up to 4'9" should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks is pleased to partner with Brost Chevrolet to offer regular car seat check-up events. These are offered on the dates listed from 4 - 5:30 p.m.

2020 Dates

January 23
April 23
July 23
October 22

4 - 5:30 p.m.

For more information, contact Altru Clinic Crookston at 218.281.9100.

Also, join us in Grand Forks at Rydell Cars the second Thursday of every month between 4-7 p.m. in the service area.

in cooperation with **Brost Chevrolet**
1600 University Ave,
Crookston, MN



www.brostchevrolet.com



Care when it's convenient for you and your family

Altru Express Clinic in East Grand Forks
Walk-In Monday - Friday | 7 a.m. - 7 p.m.
Altru Clinic in East Grand Forks

Pediatric Express Walk-In
Monday - Thursday | 4 - 7 p.m.
Altru Family Medicine Center

Same-Day Appointments at Altru Family
Medicine at Altru Professional Center
Monday - Thursday | 12 - 8 p.m.

Call 701.795.2000 to schedule your appointment.



Back-up Cameras In Vehicles Prevent Back-over Injuries

Several years ago, the Cameron Gulbransen Kids Transportation Safety Act was passed that had requirements to make vehicles safer by preventing back-over injuries. Inspired by a 2 year old who was backed over by his father, this legislation required that all vehicles made after May of 2018 are required to have a back-up camera in them. Each year, more than 200 people are killed and over 12,000 more are injured due to “backover” crashes, according to the Department of Transportation. Of those killed, more than half are children under 5 years old or adults 70 and older. Rearview cameras have already been found to reduce backup-related crashes by 17 percent, according to the Insurance Institute for Highway Safety.

Today, technology is being used heavily on motor vehicles that make cars safer, not only for those in the vehicle but pedestrians and others outside the car as well. This image below shows some of those technologies and how they are assisting drivers to create a safer environment.

Driver Assistance Technologies



ASSISTING WITH BACKING UP & PARKING

Technologies are already helping drivers park and back up more safely.

94% of serious vehicle crashes involve human error, which is why advanced safety technologies have the potential to save lives.

REAR AUTOMATIC BRAKING
Detects a potential rear collision and automatically engages the brakes if a crash is imminent.



REARVIEW VIDEO SYSTEM OR BACKUP CAMERA
Provides the driver with a clear view directly behind the vehicle.



REAR CROSS TRAFFIC ALERT
Warns the driver of potential rear collisions that may be outside the view of a backup camera.



Here's what people are saying about our Bringing Home Baby Class:

"It was much more informative than I thought it would be!"

"We learned so much! Like the different ways to install our car seat and what to look for in our next car seat purchase."

"The knowledge the instructor has is mind blowing!"

"The hands-on portion was the best, great to be able to practice with our seat so we know what we are doing once baby is here."

"I never knew there was so much to learn about car seats."

"My husband couldn't make it tonight. I will be signing him up to attend the next class!"

Have you ever tried to install a car seat into a vehicle? Do you know how a newborn baby should be placed in their car seat? 4 out of 5 car seats are used incorrectly and we want to assure that you are transporting your "precious cargo" safely after your delivery.



Bringing Home Baby

For new or expectant parents

Altru Health System, Rydell Cars and Safe Kids Grand Forks have teamed up to offer **Bringing Home Baby**. This class is designed for expectant parents or those of newborn babies. We would encourage you to take the class prior to your delivery. If you have purchased a car seat, bring it along to class and we will provide hands on training on how to properly install the car seat into a vehicle.

Cost:

The cost of this class is \$5 per couple. To register call 701-780-1400. If this cost keeps you from attending, please contact Safe Kids for scholarship options.

2020 Class Dates

January

Thursday, January 9
Tuesday, January 28

February

Thursday, February 13
Saturday, February 29

March

Thursday, March 12
Tuesday, March 24

April

Thursday, April 9
Saturday, April 18

May

Thursday, May 14
Tuesday, May 26

June

Thursday, June 11
Saturday, June 27

July

Thursday, July 9
Tuesday, July 28

August

Thursday, August 13
Saturday, August 29

September

Thursday, September 10
Tuesday, September 22

October

Thursday, October 8
Saturday, October 17

November

Thursday, November 12
Tuesday, November 24

December

Thursday, December 10

Location:

Classes held at Rydell Auto Center conference room. 2700 South Washington Street, Grand Forks, ND (use front entrance on Washington St.)

Times:

6 p.m. - Tuesday & Thursday | 9 a.m. - Saturday

For additional car seat check-up events in Grand Forks, please visit Safe Kids Grand Forks on Facebook!



BMW Recalls SUVs for Child Car Seat Attachment Problem

BMW of North America is recalling 32,760 vehicles from its 2015 to 2019 model years because the lower rear-seat anchor bars at the seat crease used to secure a child car seat may become damaged.

If the car seat is attached with ISO-FIX-type rigid connectors, the damage may increase a child's risk of injury in the event of a crash. Those connectors are fixed bars that extend from the bottom rear of the car seat. This problem is unlikely to occur when using a child seat with LATCH-type flexible-style connectors, which are on a vast majority of child seats used in the U.S., the automaker said in a statement.

"Parents can still use their car seat by securing it with the vehicle seat belts," notes Emily Thomas, Ph.D., an automotive safety engineer at Consumer Reports' Auto Test Center. "To be on the safe side, switch your car seat to a seat-belt installation until your lower anchors have been checked by a BMW dealer."



A push-on rigid connector.

Owners who use a seat with ISO-FIX-type connectors may notice that it's difficult to attach it or that the car seat appears to be loose. If that's the case, they can reach between the seatback and seat cushion, find the small rectangular bars, and try to move them to determine if they're loose. If they are loose, owners should contact their BMW dealer.

BMW says it's unaware of any accidents or injuries in the U.S. involving vehicles with this problem.



A flexible-style LATCH connector.

The Details:

Vehicles recalled: 32,760 BMW X6 SUVs from 2015 to 2019 model years. They were built between March 4, 2014, and May 16, 2019:

- X6 sDrive35i
- X6 xDrive35i
- X6 xDrive50i
- X6M

The problem: The lower anchor bars for securing child safety seats may

become damaged over time if the car seat is secured using ISO-FIX-type rigid connectors. The bars may loosen, preventing the car seat from being securely installed.

The fix:

BMW will notify owners by mail beginning Jan. 17, 2020, and dealers will inspect the anchors. If it's determined that the anchors are loose, BMW technicians will weld a reinforcing bracket to the lower anchor bars and the vehicle at no cost to the owner.

How to contact the manufacturer:

Owners may contact BMW customer service at 800-525-7417. There is no manufacturer recall number at this time. **Check to see whether your vehicle has an open recall:** NHTSA's website will tell you whether your vehicle has a recall that needs to be addressed. If you plug your car's 17-digit vehicle identification number (VIN) into NHTSA's website and a recall doesn't appear, it means your vehicle doesn't currently have one. Because automakers issue recalls often, and for many older vehicles, we recommend checking back regularly.



Thank you to Bob & Jeanine Peabody for their donation to our Safe Kids Grand Forks work. We are grateful for people who support our organization in many ways, including financially.

Together, we are keeping kids safe at HOME, at SCHOOL, at PLAY and ON the WAY.



Shopping Carts and Car Seats – What’s Safe?

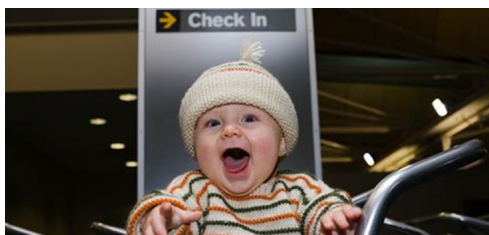
Using your car seat outside of the car may be convenient, but there are safety risks to address. A common misuse of car seats is placing them on the top of shopping carts. Here are some safer options for transporting your infant inside a store.



- » **Put the car seat in the basket of the cart**
Rather than setting the car seat on the top of the cart, put it in the large basket area. In that position, the seat can't fall off the cart and it will rock as you push the cart, keeping your child more content while you shop.
- » **Have baby sit in the child seat of the cart**
This option is good for babies that can sit up on their own (usually around 6 months of age). Be sure to buckle baby in place and never leave the cart unattended.
- » **Leave the car seat in the car and babywear**
This keeps your baby close while leaving your hands free for shopping and doesn't take up any cart space! Be sure to follow manufacturer's instructions for proper babywearing.
- » **Use a stroller**
If you have a travel system that goes with your car seat, bring the stroller to the store with you. Items you are purchasing can be stored in the bottom of your stroller until you get to the register.
- » **Shop where carts are designed to hold a car seat**
There is a newer product available to retailers called Safe-Dock. This is meant to hold your infant car seat and not take up space in your shopping cart.



Flying with Baby: Parent FAQs



Taking a baby on a plane is something that most parents approach with caution—with good reason.

Babies and air travel can both be unpredictable, and they don't always mix well. But some advanced planning and preparation can help make for a better experience for your baby, for you, and for everyone else on the plane.

When is my baby old enough to fly on an airplane?

Generally, it is discouraged for babies to fly unnecessarily shortly after birth. Air travel increases a newborn's risk of catching an infectious disease. Parents should talk with their child's pediatrician before flying.

Should my baby sit on my lap during the flight?

Ideally, no. The FAA doesn't require a ticket for children under the age of 2 years, but that means your baby will be on your lap. If there is turbulence or worse, you may not be able to protect your baby in your arms. If you do not buy a ticket for your child, ask if your airline will allow you to use an empty seat. If your airline's policy allows this, avoid the busiest days and times to increase the likelihood of finding an empty seat next to you. The AAP recommends that the safest way for baby to fly is in a car seat approved by the FAA or an airplane harness device. Boosters

cannot be used on planes.

Should I bring our car seat on the plane with us? Does that count as luggage?

Car seats, booster seats and strollers generally don't count as luggage, but policies vary by airline; check with yours before flying. In most cases they can be checked at the gate, where the risk of damage is lower, at no cost. If your baby has his or her own airplane seat, bring your car seat with you.



Will I be able to get liquid formula or expressed breast milk through security?

Yes, but you have to follow the reasonable quantities rules. This means you're exempt from the 3-1-1 rule limiting liquids to 3.4 ounces.

Pack formula, expressed breastmilk, or water for mixing with powder separately and be ready to let the TSA know you have it.

Tip for keeping baby comfortable and content on the plane?

Dress in layers. The temperature in a plane can vary widely, especially if you are stuck waiting on a runway, so layers of clothing are best. As you pick out clothing, choose outfits that make diaper changing in a small space easier. Also, pack a change of clothes or two, in case turbulence hits during a diaper change or when you are feeding. Bring plastic bags for soiled clothing.

Be ready for ear pain. During the climb after takeoff and descent before landing, changes in pressure between the outer ear and middle ear can cause discomfort. Having babies drink from a bottle or suck on a pacifier can help.

Keep in mind that sleeping babies are easier for everyone. If possible, travel at a time when your baby naturally sleeps, or consider trying to put off a nap until it's time to fly. Flight delays can cause this to backfire if your exhausted baby decides to scream instead of sleep. But it may be worth a try.

Bring distractions. Pack some toys and books and be ready to play with your baby the entire time. A tablet with videos can be a good backup.

Ask for help. Arrange for your airline to help if you need help making a connecting flight. Carrying a car seat, your baby and luggage through a busy airport can be challenging.

Source: Dr McCarthy, Pediatrician at Boston Children's Hospital

4 North Dakota Coalitions to help keep kids safe!

SAFE
K:DS
GRAND FORKS

SAFE
K:DS
FARGO—
MOORHEAD



SAFE
K:DS
BISMARCK—
MANDAN

SAFE
K:DS
MINOT

Amazon Pulls All Infant Inclined Sleepers

The move comes after eBay said it would ban the dangerous products, which have been linked to at least 73 deaths

By Rachel Rabkin Peachman
12/04/2019 in Consumer Reports

Amazon is banning the sale of all infant inclined sleepers—even those that have not yet been recalled—from its website. The company said the decision was based on the latest research, which has found these products to be unsafe for infant sleep. And it follows a letter Consumer Reports sent to Amazon and other retailers urging them to remove the products from their websites and store shelves.

In the letter, CR noted that infant inclined sleepers, such as the Fisher-Price Rock 'n Play Sleeper and Kids II rocking sleepers—which position babies at an angle between 10 and 30 degrees—have proven to be unsafe and caused 73 infant deaths.

Recently, eBay and two smaller retailers—Albee Baby and You Are My Everything—also told CR that they would ban the sale of all inclined sleepers on its website. “Amazon’s ban of infant inclined sleepers is another huge step forward for infant safety,” says William Wallace, CR’s manager of



home and safety policy. “Now there’s momentum to get them off the market entirely.”

Amazon’s new policy states that “All infant inclined sleep products ... are restricted.” And it notes that the Consumer Product Safety Commission (CPSC), which oversees consumer products, “has advised that this type of infant sleep product should not be used due to risk of injury, asphyxiation and suffocation.”

The policy will apply to all products sold or listed on Amazon.

Unsafe Sleepers

Amazon’s policy change is the latest in a series of blows to the product category since CR launched its investigation into infant inclined sleepers. The first hit came in April when Fisher-Price and Kids II recalled more than 5 million of the products after CR linked them to dozens of

infant fatalities. The investigation also found that the products had been put on the market without adequate safety testing, that they increase the risk of suffocation (no matter how they are used), and that they go against the safe sleep guidelines from the American Academy of Pediatrics, which state that babies should be put to bed alone, on their backs, unrestrained, on a firm, flat surface that is free of soft bedding and bumpers.

Since April, the AAP has advised caregivers to avoid using any type of infant inclined sleeper, as have consumer safety organizations. The CPSC also recently cautioned consumers not to use these sleepers and voted to move forward with a proposed rule to prohibit inclined sleepers, based in part on a recent study commissioned by the agency that found the products were unsafe for infant sleep. (Continued on next page.)



Amazon Pulls All Infant Inclined Sleepers-continued from page 14

Despite these warnings from experts and regulators, not all manufacturers of infant inclined sleepers have issued recalls, and any new rules issued by the CPSC would not go into effect for several more months.

Other retailers and online marketplaces that CR contacted but that have not yet agreed to remove the products include Bed Bath and Beyond, Buy Buy Baby, Craigslist, Facebook, Kohl's, Macy's, Target and Walmart.

"These companies also should publicly support the CPSC's new proposed rules, which would take the guesswork out of whether infant sleep products are safe or

not," says Oriene Shin, CR's policy counsel for home and product safety. "Infants are vulnerable when sleeping in inclined products and it is wrong to imply that they're safe for this purpose."

Indeed, babies have died after being placed in infant inclined sleepers for less than 15 minutes, according to CR's review of dozens of incident reports and conversations with many of the families.

Sara Thompson, of Nazareth, Pa., knows this reality all too well. Her 15-week-old son Alex was one of the first babies to die while in the Fisher-Price Rock 'n Play Sleeper.

On Sept. 23, 2011, she found him lying on his back in the sleeper, with his head slumped down, after leaving him alone for 10 to 15 minutes.

When she heard that Amazon and eBay would no longer list infant inclined sleepers, Thompson said, "I think it's a step in the right direction, and hopefully more companies will see that if these retailers and government agencies are saying that these products are dangerous, that they are actually dangerous." Still, she said, "it's bittersweet because it's a little too late for everyone else who has been affected—the more than 70 families whose babies have died in inclined sleepers."



Keeping kids safe at HOME, at SCHOOL,
at PLAY and ON the WAY.



To access our safety information, donate or volunteer in our efforts to keep kids safe from preventable injuries, visit www.safekidsgf.com or call 701.780.1489.



"Bye Buddy"

On behalf of the 4 coalitions in North Dakota, we thank Ryne and Rachel Jungling for sharing their heartbreaking story of the loss of their son when he was left to sleep in a car seat at his childcare provider's home. Their story has been in the news all across our country and now is being shared in a flyer entitled, "Bye Buddy". This flyer (front and back), can be found on pages 16-17 of this newsletter. If you would like hard copies of it for distribution at your agency, business, church nursery, childcare center or other locations, please contact Safe Kids Grand Forks. Soon, we will be issuing a video telling about Anders' story and we will share that on our web page and social media.



Anders

PAUL JUNGLING

1-30-2018 TO 1-12-2019

SAFE
K:DS
GRAND FORKS

SAFE
K:DS
FARGO—
MOORHEAD

SAFE
K:DS
BISMARCK—
MANDAN

SAFE
K:DS
MINOT

"Bye Buddy!" Those were the last words I ever said to my eleven and a half month old son, Anders. He smiled back with a sweet sleepy smile. I had just dropped him off at daycare with his twin sister, Linnea. She was all wiggles and wide awake. Their provider had already taken her out of her car seat when I said goodbye. I assumed Anders was next, as always. I was wrong.

A couple of hours later, while at work, I got a call from a police officer. He told me that something had happened to my son at daycare. He asked if I was sitting down and told me it was really bad, but didn't elaborate. An officer picked me up at work and drove me to the hospital. I had no idea what had happened and figured he must have fallen or pulled something on top of himself. "If he is going to the hospital he must be ok," I thought.

At the hospital they explained that after 40 minutes of CPR the EMTs got his heart started again. I remember being so confused. A detective told my husband and me that Anders had been in his car seat. I was still confused. "Was he going somewhere?" I asked. It was explained that he had been napping in his car seat since I dropped him off over two hours earlier.

When a car seat is level in a base in the vehicle it is tilted back. The baby's head remains tilted back and their airway remains open. When a child is in a car seat on the floor, their head can tilt forward, cutting off airflow to their lungs. This is what happened to Anders. My strong and thriving little boy suffocated.

Anders was flown to Fargo where he spent 3 days on life support before meeting Jesus. After his death we were constantly met with the reply that others had no idea that you aren't supposed to let children nap in car seats outside of the car. No one likes disturbing a sleeping baby, but minutes or hours of fussiness isn't worth never hearing their cry again.

It took us years and two rounds of IVF to get pregnant with the twins. When I was pregnant, my husband and I took classes at the hospital to prepare for their arrival. We knew not to leave them in a car seat for a nap. We made sure that our parents knew. When we toured our daycare we asked where they would sleep. A car seat was not one of the places brought up. I didn't even think to mention it or check on that. Always ask questions of your caregiver. It's not rude. It's responsible. Have a conversation with whomever watches your child about where he or she will sleep. A car seat is not an acceptable place.

*- Written by Anders Jungling's parents, Rachel & Ryne Jungling -
Bismarck, North Dakota*



Never let your child sleep in their car seat outside of the vehicle.

If you let them sleep, there is a chance that they won't wake up. It is not worth the risk.

A	Alone:	Babies should sleep alone , not with adults, other children, blankets, bumper pads, pillows or stuffed animals in their crib.
B	Back:	Babies should be placed to sleep on their back , not their side or tummy.
C	Crib:	An infant crib or playpen should be used for sleeping, not an adult bed, sofa, chair, car seat (outside of the vehicle), swing or infant seat.

Car Seat Recommendations

If properly installed in the vehicle, an infant car seat placed on a base will keep the angle of the seat in a position so it does not pose a danger of blocking the baby's airway, causing them to suffocate. If the car seat is removed from the vehicle and placed on a flat surface, the weight of the child can cause the seat to be in an improper position, leading to suffocation and death.

A car seat should NEVER be used as a sleeping device outside of the car.

(Recommendation of the American Academy of Pediatrics, Safe Kids Worldwide, the North Dakota Safe Kids coalitions and car seat manufacturers.)



Visual example of improper head position.



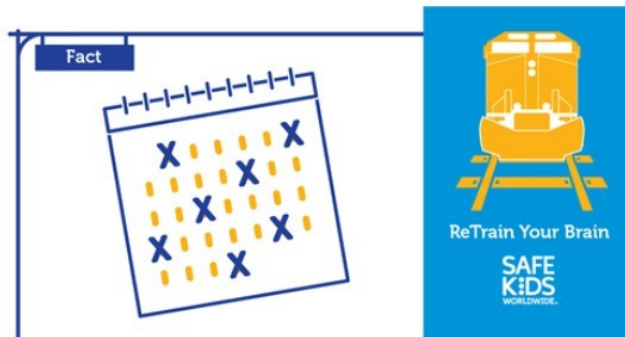
The Junglings

We are grateful to Rachel and Ryne Jungling for sharing their tragic story in an effort to make others aware of the real dangers of letting children sleep in car seats.



Train & Railroad Safety

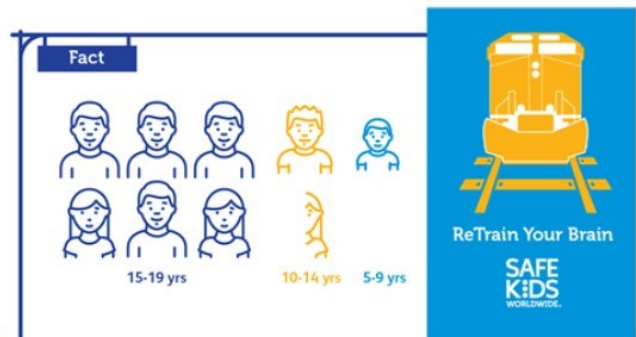
Train and railroad safety has not traditionally been an area where Safe Kids has been involved but as the number of children being injured and killed by trains continues to rise, Safe Kids Worldwide decided to take action. They have formed a partnership with Union Pacific that has allowed us to conduct train safety education. Here is some important data about train injuries and deaths:



Every 5 days in the United States, a child dies from a train collision.

Sadly, North Dakota, Louisiana and Indiana were the states with the highest rates for all incidents combined (fatal and nonfatal railroad crossing and trespass injuries). North Dakota lead that with 1.25 injuries/deaths per 100,000 people ages 0—19 from the combined years of 2018-2019. (Neighboring MN was 0.39 injuries/deaths per 100,000.)

Teens ages 15-19 are at greatest risk of being injured or killed on train tracks. Boys are nearly 3 times more likely to suffer fatal rail injuries than girls (74 percent vs. 26 percent, respectively).



Half of parents admit to taking risks around railroads, like walking along train tracks and driving around gates. Make sure you are showing your kids safe behavior around trains and railroads tracks.



Over the past few months, we have worked with Middle and High School students in our region to teach them about railroad safety. They in turn visited local elementary schools and shared their knowledge on this topic. Check out the photos on the following page to see the great work they did. Thanks to Larimore High School for sharing with Larimore Elementary School and for Valley Middle School in Grand Forks for sharing at Lake Agassiz Elementary and West Elementary School.

If you are interested in hosting a railroad safety display at your school, business or event, reach out to us at safekids@altru.org. For more information on railroad safety, visit www.safekids.org or www.safekidsgf.com



A Note of Thanks from Patty Olsen

I was so honored and humbled to be named the “Safe Kids Star” in the winter issue of the Safe Kids newsletter. I will always treasure the kind words so many of you added to the story.

I first became aware of Safe Kids through Judy Larson around the spring of 2000. I went to a car seat checkup at Rydell’s and met Carma. I was so amazed by the work being done I decided that I wanted to volunteer for such an awesome organization. I started out as one of the “gophers” at check-up events and thought, maybe one day, I’ll become a car seat technician. That happened in the summer of 2002. After our first son started school, I became more involved, toting my youngest toe-head to meetings and school walking events. With Carma’s support and guidance, I began volunteering in the schools. My

passion for keeping kids safe continued to grow. I remember thinking that maybe this volunteer work can grow into a job – and then in did in January of 2008!

Over those last 11 years I had the opportunity to visit communities and schools throughout NW Minnesota and NE North Dakota. Throughout those visits and events in Greater Grand Forks, I observed first-hand what it means to be a part of a coalition. So many of you have gone above and beyond your “job duties” to help keep

children safe in your communities and spread the message of Safe Kids Grand Forks. I will forever be grateful for the opportunity Safe Kids and Carma Hanson gave me and hold a special place in my heart for our coalition.

Gratefully,
Patty Olsen



Highway Safety Corridors – A New Approach to Vision Zero

The North Dakota Department of Transportation (NDDOT) is introducing a new concept called, "Safety Corridors," as part of North Dakota's Vision Zero strategy to reduce motor vehicle fatalities and serious injuries to zero. For more information, visit <https://bit.ly/2pEpolF>





Alive at 25[®]

Drivers between the ages of 15 and 24 have been known to take risks while driving or riding in a motor vehicle resulting in a serious-injury crash or a fatal crash. Does your young driver sometimes choose not to buckle up? Does your teenager sometimes use their phone when driving? Has your college bound child ever driven while drowsy? Has your young adult child ever driven while under the influence of alcohol? According to Dr. William Glasser, author of Choice Theory, all behavior is intentional whether it is healthy, safe, unhealthy, or risky. Everything a person does is their best attempt to get what they want, at that point in time, to satisfy one or more of five basic human needs. Choice Theory maintains these basic human needs provide the motivation for all we do.

The five basic human needs are:

1. Love and Belonging
2. Freedom
3. Fun
4. Power
5. Survival

For example, a teen who chooses to drink may be trying to fulfill their need for love and belonging, to be part of a group or to be accepted by their peers. The driver who chooses not to wait their turn at a 4-way-stop may be attempting to fulfill their need for freedom. An individual who chooses to speed, excessively, may be fulfilling their need for fun. By attempting to fulfill their need for power, a driver may view you as an obstacle or an opponent, which can lead to a road-rage incident.

Obviously, a person can choose to fulfill these needs using an approach that is positive, safe and responsible.

Choice theory goes on to contend that we are able to control every part of our behavior – our actions, thoughts, feelings and physiology or bodily reactions. And although feelings and physiology are more difficult to control, we have full control over our actions and thoughts, which, in turn, influence our feelings and physiology.

Alive at 25 incorporates Choice Theory to help young drivers take greater responsibility for their behavior by emphasizing they have full control over their behind-the-wheel choices and to make respectful and responsible choices that reduce their exposure to crash risks, helping to keep themselves, their passengers or those they share the road with, safe.

Alive at 25:
A defensive driving class for teens
Cost: \$55
4:30-8:30 p.m.
Sunday, April 19, 2020
Sunday, August 9, 2020
Sunday, October 11, 2020

After completion of Alive at 25, drivers may be eligible for an insurance premium discount and a 3-point reduction off their North Dakota driving record.

Classes are held at Altru Professional Center, 4440 S Washington St, Grand Forks (across the road from Choice Health Fitness). Use main entrance: Door #13

Register for Alive at 25 online at www.ndsc.org or call the North Dakota Safety Council (800) 932-8890 or (701) 223-6372.

For information, please contact: Bill Vasicek, Community Safety Coordinator, Trauma Services at Altru, (701) 780-5939 or bvasicek@altru.org

5 BASIC NEEDS



SURVIVAL

What you need to sustain life, as well as a sense of safety and security.

LOVE & BELONGING



The need to be connected to others. The desire to belong, to love and be loved.




POWER

The need to be your best, to matter, to leave a legacy, to have an impact, to be competent.

FREEDOM



The ability to do what you want when you want without restrictions.



FUN

Play, relaxation and meaningful, relevant learning describe how to meet this need.



GLASSER INSTITUTE
for CHOICE THEORY

www.wglasser.com





Defensive Driving: Saving Lives, Time and Money

Defensive Driving Class

For all drivers, young and old

Cost: \$65

- » ND Safety Council member \$60
- » Senior (55+) \$40
- » Additional family members (same household, same course) \$30 each
- » Altru employee/family member, please contact Bill Vasicek

9 a.m. - 1 p.m.

- » Saturday, January 11, 2020
- » Saturday, April 18, 2020
- » Saturday, August 8, 2020
- » Saturday, October 10, 2020

Alive at 25

A defensive driving class for teens

Cost: \$55

4:30 - 8:30 p.m.

- » Sunday, January 12, 2020
- » Sunday, April 19, 2020
- » Sunday, August 9, 2020
- » Sunday, October 11, 2020

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For information, please contact: Bill Vasicek, Community Safety Coordinator, Trauma Services at Altru, 701.780.5939 or bvasicek@altru.org



Knockoff Car Seats are on the Market and Could be Deadly



A grandmother went to a car seat check-up in California holding two cellophane bags packed with fabric and straps and no instructions. The woman's seats, advertised for children 6 months to 5 years of age, were like nothing the car seat techs had ever seen. One was light blue, one pale pink. Neither was safe.

Although the contraptions had been labeled and marketed as car seats, there was no indication that they had ever been tested. There was no chest clip, no manufacturer name or labeling, no instructions, nothing.

This grandmother had seen similar seats at Walmart.com and got them from Groupon for \$20. She ordered it because she assumed that if Walmart had it . . . it should be safe. (It has since been removed from Walmart's site.)

Buying a seat that shouldn't be allowed on the market at all is one thing. Another issue is a proliferation of knockoff seats that look just like the safety-tested seats.

There has been an explosion of untested, uncertified car seats for

sale online, and they're putting children at risk. Car-crash injuries remain a leading cause of death among children in the United States, according to the Centers for Disease Control and Prevention, but many of these can be prevented by restraining children correctly.

At the time of this writing, dozens of similar seats are available on eBay and AliExpress; others had been for sale on Amazon but were recently removed, while Walmart had removed all but one.

Federal regulations require car-seat manufacturers to prove their seats pass hundreds of tests. And then, traditionally, retailers decide which of those seats to make available for their customers. But such practices were established when most caregivers bought their baby products in person from bricks-and-mortar stores.

With third-party sellers introducing thousands of items "The Internet is the Wild West," says Stephanie Tombrello, a CPST instructor and executive director of the nonprofit SafetyBeltSafe USA, who has been working in car-seat safety since 1970. "People know that by law they need to have their kids restrained, but they have no training in safety and see something for \$12 and say, 'That's a good deal.'"

"As a society, we want a deal. And that can lead us down paths we wouldn't necessarily go down if we weren't Internet shopping," says Alisa Baer, a pediatrician in New York City, CPST instructor and co-founder of the Car Seat Lady, an advocacy organization dedicated to educating

about child car safety. Baer notes that the "fabric and strap contraptions," as she calls them, are not the only online product being peddled as car seats to unwary parents. Perhaps even worse, knockoff seats that look similar to certified, safety-tested seats but provide little to no protection in an accident are being sold online.

In a statement provided by eBay, the company said it prohibits products that don't meet safety regulations. But there are currently dozens of fake Doonas, MiFolds and other knockoffs available on the site, and new ones are listed daily. Amazon has far fewer, and they're increasingly harder to find on the site; the company said in a statement that it is continuously scanning the site to detect concerning products. And Walmart, upon discovering that third-party sellers had been selling seats like the ones the grandmother encountered, says it is beginning to restrict those sellers from offering "select booster car seats, convertible car seats, and infant car seats."

It's a start, but some say it's not enough. "As these devices become increasingly available, mostly online, it's a legitimate safety concern," says Joseph Colella, director of child passenger safety for the Juvenile Products Manufacturers Association. "Caregivers want to protect their kids and think they're doing that by buying these products." He notes that solving the problem, however, is complex. It has to involve the National Highway Traffic Safety Administration, which regulates and monitors safety seat compliance, as (Continued on next page.)



Knockoff Car Seats (continued from page 22)

well as U.S. Customs and Border Protection, which is working to prevent imports from making their way into the country in the first place.

Avoiding the sham

There are a number of ways to help ensure the seat you buy meets federal safety requirements and is produced by a reputable manufacturer.

Buy in person. This is the best way to ensure you're getting the car seat you intended. It will involve lugging home a massive box and won't necessarily be the best deal, but going to a retail store helps ensure the product you're buying was bought directly from the manufacturer.

If you're buying online, ask the following questions:

- Does the manufacturer have a website you can find easily?
- Is the car seat on the American Academy of Pediatrics list? It lists only seats that meet federal motor vehicle safety standards and are approved for use in the United States.
- Does the deal seem too good to be true? If so, there's a good chance you're looking at a knockoff.
- Is it being sold directly by a trusted retailer? Stores such as Target, Buy Buy Baby and Nordstrom sell only certified seats directly from the manufacturer. With other online sites, such as Amazon and Walmart, be absolutely sure the seller is not a third party and the seats are being sold directly by the manufacturer or the site itself.



If you already have the car seat or booster, ask yourself the following:

- Is there a label with this required wording? "The child restraint system conforms to all applicable federal motor vehicle safety standards."
- Is the brand stamped on the seat itself? Most knockoffs don't use the genuine brand name. Some don't include any brand at all.
- Did it come with clear instructions?
- Is there a model number, customer-service number and manufacture date printed on it?
- Did it come with a registration card to send back to the manufacturer? All car seats sold

in the United States are required to come with one so the manufacturer can contact you in case of recall.

- Are there clear labels on the seat that indicate its use and correct installation? If you have any questions about whether a seat is genuine, go straight to the manufacturer. A genuine manufacturer will be easy to contact and want to help. In fact, MiFold and Doona both discovered their first knockoffs when customers contacted them to ask whether the good deals they were seeing were the real thing.

Source: The Washington Post



Help your 8-12 year old prepare for independence with this class created by SKGF. Drop your child off and they will learn:

- » Fire escape and severe weather planning
- » When to answer the door and the phone

- » Getting to and from school safely
- » Medication safety, first aid and Heimlich maneuver
- » Reasons to call 911
- » Cooking safety
- » Setting house rules
- » And much more!

Call Safe Kids Grand Forks at 701.780.1489 and leave your name and phone number. We will let you know when our spring class dates become available.



Projectile Objects in the Car

It's inevitable: having Littles in the car often leads to lots of stuff in the car, and as every parent knows, it seems to multiply. Unfortunately, in a crash, all this stuff can instantly become airborne. We have to take this stuff in the car, but why is it important to stow it safely? It comes down to basic science. Anything that is not restrained in a crash will become a projectile. The car makes a sudden stop, but the items in it will continue to move until they are stopped by something else. To protect the people in the car, there are many options for restraining objects we tend to carry with us.

Things To Consider

- Does your vehicle have a cargo area where items can be stored safely?
- Does your vehicle have storage compartments?
- Can larger items be secured so they won't move around as much during a crash?
- What about some safer options for carrying basic necessities?

While there aren't necessarily a right and a wrong answer to these questions, here's how some issues can be addressed in different vehicles

Minivan Cargo Area

Most vans have a cargo area behind the third row where a lot of stuff can be safely stored.

The floorboards in the passenger compartment are not necessarily a designated cargo area, but putting items in this space can keep them a little further from occupants in the vehicle. When the cargo area is full,

or for some reason isn't available, putting items like backpacks or groceries in the small floor space behind rear facing seats is also a good option. The compartmentalization of the small space will prevent those items from flying if you brake suddenly. Always be sure that cargo behind or near a car seat does not interfere with that seat's installation.

Sedans

In a sedan, placing backpacks by kiddos' feet is also a good option. Not only is it safer to have backpacks stored, it also reminds kids not to wear their backpacks while buckled into their car seats, which is an additional safety hazard. Be aware of the vehicle manufacturer's guidelines about cargo and storing

items under/against vehicle seats; manuals in newer vehicles warn about airbag sensors.

Necessary Items

Some items are crucial to keep within arm's reach and many vehicles have storage compartments near the front seat passenger. We always recommend that the driver store phones and other handheld electronics during the drive to keep distractions at a minimum.

Other Storage Locations

Door pockets are a great place for metal cups and heavy books. Storing these items in the door pockets help prevent them from flying around during a crash.

Source: Car Seats for the Littles



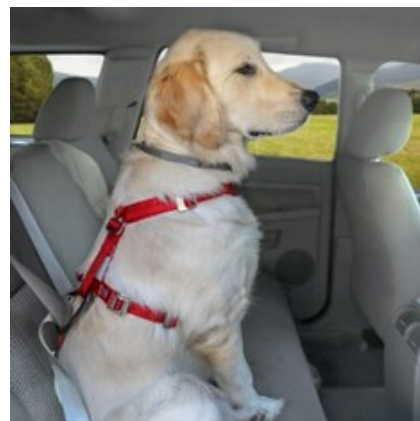
Traveling With Our Furry Friends



Often times when families travel, their furry friends tag along. While it might be nice to have your pet along for the trip, there are a few safety things that should be considered. In a crash, everything that is not secured down in the vehicle becomes a projectile meaning it will fly through or out of the vehicle,

often times hitting the occupants in the process. For a young child, having the weight of a dog fly into them could be dangerous. Securing your pet in some way to prevent that from happening is becoming more common with the use of restraints made for pets and vehicles. Not only does it protect the occupant, but it can provide a limited amount of protection for the dog as well. Shown here are two harness type systems but there are also ways in which your pet could be kept in their carrier and have that seat belted in as well. If you travel with your pets, it is a good idea to look into ways to

secure them in the vehicle whether you have children traveling with you or not. Check your local pet supplies stores or on-line for a whole host of pet restraint devices and travel safe!!



Thank You Scheels

This past December, leaders of many Grand Forks/East Grand Forks area non-profits were invited to Scheels for a Day of Giving breakfast. Safe Kids Grand Forks was thrilled to be invited and a part of the generous donations that were given out that day to support the work we are doing to make our communities a better place. We are grateful to Scheels and their staff for valuing our injury prevention efforts and we thank them for their generosity. Thank you, Scheels for being a part of helping to keep kids safe at HOME, at SCHOOL, at PLAY and ON the WAY!!

SCHEELS®

We send our gratitude to AAA for their recent donation in support of our pedestrian safety work in the Grand Forks community and surrounding region. We are grateful for their financial support and their expertise in this arena and are proud to have them our partner in injury prevention.



Interested In Becoming A Car Seat Technician and/or Helping Safe Kids Grand Forks in our Child Passenger Safety Efforts?

To make our events a success, we need well trained and eager volunteers to assist at our car seat check-up events. There are no pre-requisites for who can become a car seat tech so if you have the passion to work with parents and children, we would love to have you join our group!

Safe Kids Grand Forks will host a 4-day child passenger safety technician training

May 18-21, 2020

Cost: \$125 for 2 years of certification

To register, visit

<https://cert.safekids.org/>

Class size is limited to 15 attendees so don't delay. If you want to learn more or attend an event to see what we do, please contact Jasmine Wangen at Safe Kids Grand Forks at jwangen@altru.org or 701.780.1660.



2020 North Dakota National Child Passenger Safety Technician Certification Training



Course Information

This training provides basic technical skills, experience and knowledge about the proper use and installation of child car seats when working with parents and caregivers with child passenger safety needs.

Course Content

This training will provide participants with the technical skills to:

- Identify and correct misuse of car safety seats
- Serve as a community resource at a variety of community events such as car seat checkups
- Educate others about child passenger safety issues
- Reduce potential liability through standardization
- Receive knowledge and skills to meet national certification

Certification is achieved through a combination of lectures, hands-on practice, role-playing and written and hands-on skills testing. The training concludes with a community car seat checkup. Participants must be in attendance for the entire course and successfully pass to receive certification.

Who Should Attend?

- Law Enforcement Personnel (POST available)
- Health Care Professionals
- Social Workers
- Emergency Medical Personnel
- Child Care Providers
- Nurses
- Physical/Occupational Therapists
- Safety Advocates
- Firefighters
- Agencies Who Transport Children
- Car Dealership Personnel

Registration & Fees

- Go to: <http://cert.safekids.org>, select "Become a Tech" and follow registration instructions. Fees include a two-year national certification (upon successful completion), technician manual and car seat instructions CD.
- National certification fee is \$95.
- Local fee is \$30.

2020 DATES

Bismarck	April 28 - May 1
Grand Forks	May 18-21
Fargo	June 1-4
Jamestown	June 23-26
Williston	August 18-21



For more information; 701-328-4533 or drmayer@nd.gov.



Childhood Safety Giant Dies Suddenly But Leaves An Amazing Legacy



Segment of Tim's Obituary

Timothy James "T.J." Goetz passed away suddenly at his home on Tuesday, January, 21, 2020 of heart complications.

Tim was born June 8, 1966 in Grand Forks, ND, the son of Dennis and Darlene (Bergum) Goetz. He graduated from Red River High School in 1984. Tim worked for the family business Dennie's Delivery followed by Gaffaney's. He enjoyed the past 19 years as a salesman for Marco (formerly GR Graphics). Tim was a dedicated member of the Grand Forks Optimist Club for 29 years, serving 3 years as president. As an Optimist, Tim received numerous awards, including "Mr. Optimist". He sponsored 27 new members and initiated the Safety on Wheels and Bicycle Buddies programs. He was a long time participant of the annual Gift Wrap fundraiser. Besides the Optimist Club, Tim's hobbies included yard work, house projects, and fishing trips with family.

Safe Kids Grand Forks Grateful For the Work of Tim Goetz

The staff and volunteers of Safe Kids Grand Forks were saddened to learn of the passing of Tim Goetz. Tim has been a big partner in our injury prevention work and he will be greatly missed. As the leader of the Safety on Wheels and the Optimist Bicycle Buddies Programs, Tim was always putting children and their safety at the forefront. He lived the Optimist creed and was a joy to be around. We know that Tim would not want us to cry long but would challenge us to get out there and do great works in our community to keep children safe. We thank Tim for his dedication and partnership and hold his family and friends in our thoughts and prayers.



HANDS ON learning fair

PRESENTED BY
**SAFE
K:IDS**
GRAND FORKS



April 25,
2020

10 a.m.
TO
1 p.m.

**SAFE
K:IDS**
GRAND FORKS

Purpur
Arena

Grand
Forks

From expectant parents to 10 year olds, caregivers to grandparents, there is truly something for everyone! Join us for this FREE event or upgrade the whole family to VIP with a \$10 donation to Safe Kids Grand Forks.

VIP tickets will get you 5 FREE raffle tickets, a bag filled with samples, coupons and a snack to keep you going strong. VIP tickets are limited and only available through presale April 1-22.

For more information or to register for VIP tickets visit safekidsgf.com or facebook.com/HandsOnLearningFair



Katebrook
FAMILIES

- Presented by -



SMART SITTER is a babysitting class designed by Safe Kids Grand Forks to teach 11-15 year olds about the responsibilities of caring for other children. Attendees also receive an introduction to First Aid procedures and CPR. A certificate of completion and a course manual will be provided.



Smart Sitter

BABYSITTING CLASS | Winter/Spring 2020



January 25 | March 21 | May 16

9:30 a.m.—2:30 p.m.

607 DeMers Ave, East Grand forks (Altru Clinic, lower level)

Cost: \$50 (lunch included—please bring water bottle and snack)

Registration is required at least 3 days prior to class date. Class size is limited.

To register, please call 701.780.1400