

### Upcoming Events

**Hands On Learning Fair**  
Saturday, April 17

See page 5 for more information

**Here for Life Expo Grand Forks**  
Saturday, April 17

See page 6 for more information

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# Poison Prevention



March 14-20 was National Poison Prevention week. This is a great reminder for parents to keep children safe from hazardous materials found around the home. Roughly 2 million poisonings are reported to poison control centers each year, with 90% of these poisonings occurring within the home. Annually nearly 100 deaths occur in children under 14 years of age, from unintentional poisoning.

Common agents involved in poisoning include:

- Medications: Aspirin, tranquilizers, sleeping pills, iron pills, vitamins and prescription drugs.
- Household products: Moth Balls, drain cleaners, insect killer, household cleaners, and cosmetics.

Ways to prevent poisoning:



- Buy medicine and household products in childproof packages.
- Keep poisonous plants out of reach.
- Install carbon monoxide detectors in the home.
- If your home was built before 1978 have it tested for lead-based paint.
- Keep all products in their original containers.
- Teach children to never eat or drink anything unless administered by an adult.
- Make sure medication is locked up and out of children's reach.
- Avoid taking medication in front of children, since children often copy adult behavior.
- Never call medicine "candy."
- Check your home for old medications and discard them.

**North Dakota initiated a Take Back program, where all unused prescriptions or over-the-counter medications may be disposed of safely in secure disposal containers. These are located in the lobbies of the Police Departments in Grand Forks, Minot, Fargo and Bismarck. When dropped off, there are no questions asked. Since its introduction in December 2009, 160 pounds of prescription drugs have already been collected. We challenge you to clean out your cabinets and dispose of unused medications.**

### If Poisoning Occurs:

**Call the Poison Control Center immediately**

**1-800-222-1222**

**If poison has contacted the skin, rinse skin with water for 15 minutes.**

**If poison has gotten in contact with the eyes, rinse with water for 15 minutes.**

# Don't Thump Your Melon!



.Use your head this spring and summer.

It's that time of year again when bicycles, scooters, inline skates and skateboards get dusted off and put to use again. There's nothing that says "spring" like a bike ride with your family or a trip to the park on a skateboard with friends.

Unfortunately, it's also the time of year we see an increase in head injuries from bike, skateboard and other crashes. These potentially serious injuries are preventable! Did you know that helmets have been proven to reduce the risk of a serious head injury by 85%?

So how do you get your

child to wear a helmet?

1. Set an example. Wear a helmet yourself.
2. Start the helmet habit early. Insist your child wear a helmet from the time they begin riding a bike, skateboard, etc. If you do so, it becomes a habit.
3. Let your child pick out

the helmet.

4. Praise and reward your child when they do wear their helmet.

We at Safe Kids have lots of other tips for choosing and using helmets. We also have bike and wheeled sports helmets available at a reduced cost. For more information please contact [polsen@altru.org](mailto:polsen@altru.org).

# Accidental Poisoning Happens in an Instant!!

*The following story was contributed by Danielle Kovarik. Danielle is a nurse at Grand Forks Public Health and a member of Safe Kids Grand Forks. The story is an example of how accidental poisoning can happen in an instant to anyone! The story is about Danielle and her daughter.*

May 22, 2008 started out like a "typical" Thursday – our oldest to school, a few errands and back home for yard work. Then two-year old, Katelynn couldn't wait to help plant flowers in our new flowerbed. We went about the morning moving dirt, planting flowers and seeds and straightening our edging. We went in the house for dinner and to lay Katelynn down for a nap (still very important for a then 2 year old!). The next few minutes changed the way we thought about our flowerbeds forever. I had

been researching some seeds I'd been given for a few days and had decided that since they were poisonous (I later found out *how* poisonous) I didn't want to plant them. I threw them in the garbage and went about getting dinner warmed up for Katelynn and me. I put Katelynn's dinner in the microwave, punched in 1 minute 30 seconds and ran to the other room to grab some papers. When I came back to the kitchen I noticed a little black shell on the counter. As I examined it closer, I soon realized it was one of the seeds I'd thrown in the garbage. I opened the garbage and found only 2 of the 3 castor bean seeds still in the baggie. I quickly asked Katelynn if she'd eaten one and she replied that she had but spit it out because "it tasted yucky". I could only find half the seed and remembered that

Poison Control might be able to tell me what to do. When I called and explained that I could only find half the seed they told me to bring her to the nearest emergency room as soon as possible, and they would call ahead to let them know we were on our way. The next hour seemed to last an eternity. We quickly drove to town with Katelynn singing "Itsy Bitsy Spider" to me so I could keep her awake. Once in the ER we were taken quickly to a room where Dr. Temple assessed her and made it clear this was serious. If castor bean seeds are ingested they can cause massive internal bleeding. We got Katelynn to drink activated charcoal to bind any of the seed in her system and then we were admitted to the hospital for observation. Luckily our story has a happy ending, Katelynn

began to feel like a pampered princess in the hospital with everyone coming to see her, food delivered to her bedside and terrific care from everyone. And we now have a healthy respect for all plants and seeds and are the proud owners of several books on plants to review any new additions to our gardens!

For more information on poison prevention, please contact Safe Kids Grand Forks at [safekids@altru.org](mailto:safekids@altru.org).

*A special thank you to Danielle from Safe Kids Grand Forks for sharing her story!*





Safe Kids Grand Forks and the Grand Forks Public Schools have been the recipients of Safe Routes to School funding for over three years. The federally-funded SRTS program enables community leaders, schools and parents across Grand Forks to improve safety and encourage more children to safely walk and bicycle to school. In the process, we hope to reduce traffic congestion and improve health and the environment, making our community more livable for everyone.

The funding, which is distributed by the ND Department of Transportation, has enabled us to improve pedestrian and bicycle safety at all our schools. Some of the highlights include:

- The Safety on Wheels program held in the fall/spring each year with third grade students. This program teaches children about the importance of wearing helmets when engaging in wheeled sports. The Optimist Club conducts a bike rodeo for the students following our presentations. The SRTS program has helped us to fund helmets for low income students.
- “Getting to School Safely” presentations. Each fall Safe Kids conducts presentations to students in K-5th grade on how to get to school safely whether by walking, biking, bus or family car. We have been able to customize the presentations to each school. As part of the program, every student is provided a reflective zipper pull and educational materials.
  - Crossing guard training and materials. Each school has been provided a CD on crossing guard training. The schools have also been provided crossing guard vests and stop paddles.
  - School pedestrian safety items. We have also been able to provide each school with traffic safety cones and portable speed radar signs. The cones are used to direct traffic and bring attention to crosswalks and no parking zones. The speed minders are placed on streets around the school to calm traffic and record data. By the spring of 2010, the radar signs will be in use at all Grand Forks public elementary schools.



We are consistently working to determine what else needs to be done to improve safety around our schools. Some of the plans for 2010 include:

- Expanding the “Takin’ it to the Streets” program. In the spring of 2008, Safe Kids, in partnership with the GF Police Department, Kelly Elementary, Ski & Bike Shop and UND Cycling Team started a new program for 5th grade students. The two-day program focuses on reinforcing the bike helmet safety message delivered to the students in third grade. On the second day of the program the 5th grade students are taken “on the road” to learn safe ride behaviors on the streets and bike paths. Due to the success of the program, it will be expanded to two other schools this spring.
- Providing the schools with pedestrian crossing signs. After observing success with the placement of these signs at Kelly Elementary, Altru Health System and the Grand Forks County Building, Safe Kids and the GF Public Schools worked with the city of Grand Forks to determine the feasibility of placing the signs at all the elementary schools in Grand Forks. These signs have been ordered and will be put to use in the spring of 2010 at all Grand Forks Public elementary and middle schools.
- Incentive programs for children. Safe Kids and Grand Forks schools will continue to offer incentives to students observed walking and biking to school safely. Incentive items will include certificates, reflective devices and other “prizes”.



Safe Kids Grand Forks and the Grand Forks Public Schools are extremely appreciative of the SRTS funding we have received and look forward to continued work with this project.

If you have questions concerning SRTS, please contact Patty Olsen at [polson@altru.org](mailto:polson@altru.org).

# Safe Kids Star



Some people go the extra mile for traffic safety and Bill Vasicek of the Northern Valley Safe Communities Coordinator is one of those people. Bill was one of four being honored by the Safety Division of the North Dakota Department of Transportation as 2010 inductees to the Traffic Safety Honor Roll.

"Bill has demonstrated long-term contributions to traffic safety and has exceeded or gone beyond that which is generally accepted as being part of his responsibility," said Mark Nelson, Safety Division Director for North Dakota Depart-

ment of Transportation. "These awards represent the highest recognition of individuals or organizations involved in traffic safety."

Bill is a Safe Communities Coordinator who is a Child Passenger Safety Technician and instructor. He assists Rydell GM Auto Center with education regarding seat belt usage. He is the instructor for Alive at 25, ND Safety Council, and for the Simulated Impaired Driving Experience. He played an instrumental role with the passing of the Grand Forks City Ordinance pertaining to Server Training. He also collaborated with Region III Safe Communities

program to secure funding from the American Public Health Association on a project for Teen Traffic Safety.

Bill has been a long time member of Safe Kids Grand Forks and with the partnership that our two programs have, the people of this region are safer while riding in motor vehicles. On behalf of Safe Kids Grand Forks, we congratulate Bill on this statewide recognition that he has been presented with. We are very proud of him!!



facebook

*Contact Us!*

facebook

*Safe Kids Grand Forks has a new email address and is now on Facebook!*

*Become Safe Kids Grand Forks friend on Facebook to keep up with upcoming events, learn great safety tips, and to find out how you can volunteer your time or resources. Safe Kids also has a new email address.*

*Contact us at [safekids@altru.org](mailto:safekids@altru.org)*

# Safety on Wheels Expands

For over 20 years, Safe Kids Grand Fork and the Grand Forks Optimist Club have worked together to teach Grand Forks third grade students about bike safety. Traditionally, Safe Kids has provided a presentation each spring to the students concerning brain injury and the importance of wearing a helmet when participating in wheeled sports (bike riding, inline skating, skateboarding, scooters). We offer all students at the school the opportunity to purchase helmets at a reduced cost. Following our presentation, the

Optimist Club conducts bike rodeos with the third grade students to teach riding skills. Recently, the Safety on Wheels program for students in Grand Forks Public Schools was moved from the spring semester to the fall semester. This has enabled us to provide the education to students at the beginning of the third grade year. It is discouraged by the district that children ride their bikes to school prior to this age. We will continue to offer the SOW program to third grade students in EGF and the Catholic schools in the spring semester.

Over the last two years, Safe Kids Grand Forks has increased their involvement in communities in the Grand Forks region in all areas of injury prevention. Specifically, we have been bringing our Safety on Wheels presentation to third grade students in Larimore, Emerado, Manvel, Thompson, and Crookston. We are very appreciative of the commitment of school administrators to the safety of their students. In the spring of 2010 we hope to return to these communities and further expand to other regional schools.

If you live in a community outside of GF/EGF and are interested in having our SOW program brought to your school, please contact Patty Olsen at 780-1856 or polsen@altru.org.




**HANDS-ON Learning Fair**  
*A Community Celebration For Children*  
 For Children Birth to 7 and their Families

**Early Years Are Learning Years**

**Saturday, April 17**  
**10:00 a.m. - 1:00 p.m.**  
**Purpur Arena**  
**1122 7th Avenue South, Grand Forks**

**FREE**  
 For Children Birth to Age 7 and their families

- Fun Learning Activities
- Parent Information Displays
- Mayor's Proclamation at 9:45

*April is Month of the Young Child and Child Abuse & Neglect Prevention Month*

Sponsored by the Northeast Chapter of NDAEYC and Prevent Child Abuse North Dakota  
 Information: Dawnita 780-8408; Judy 775-4473

**Play is the first step in the learning curve!**

**Check out these FREE EVENTS for Parents & Kids!**



Super Science Saturday and the Annual Scout Show for elementary and middle school children at Gambucci Arena same times.  
 Concession stands operated by GF Lion's Club also at Gambucci Arena.

## Car Seat Check-Up Events

April 8	Grand Forks
May 13	Grand Forks
May 19	Larimore
June 3	Grafton
June 10	Grand Forks
June 22	Crookston
July 8	Grand Forks
August 5	Grafton
August 18	Larimore

Car Seat Check-Up Events are offered at the following times:

- Grand Forks 4—7 p.m.
- Grafton 4—6 p.m.
- Larimore 3-6 p.m.
- Crookston 4:30—6 p.m.

For more information or event locations, contact the Safe Kids Grand Forks car seat information line at 701-780-4995.



Mark your calendar and make plans to be part of Altru's Eighth Annual Here for Life Expo, 10 a.m. - 3 p.m., Sat., April 17, 2010.

**It keeps getting bigger and better each year!**

**Join us this spring at Altru's Here For Life Expo**

Grand Forks  
Saturday, April 17, 10 am-3pm.  
Betty Engelstad Sioux Center

This event is free and open to people of all ages. There will be free health screenings, lots of great health and safety information and safety devices free or for sale at a reduced price. Stop by and visit our Safe Kids booths at the Expo and keep yourself informed, safe and healthy.



Safe Kids Grand Forks has bike & multi-sport helmets available at a reduced cost!

Toddler size bike helmet - (Blue & Pink) - \$7.00

Child & adult size bike helmet (S-M-L) - Red, black, blue and purple - \$7.00

Child & adult "multi-sport style" (S-M-L) - Blue, black and white - \$10.00

Child & adult "true multi-sport" (S-M-L) - Blue, black and white - \$12.00



If interested in purchasing a helmet for you or your child, please contact Patty Olsen at 780-1856 or [polson@altru.org](mailto:polson@altru.org).



# Home Fire Safety

Curious kids set fires. What children need to know.

When a kid strikes a match, fire strikes back. Children don't realize that a simple flame can blaze out of control in mere minutes. That may be why nearly twenty-five percent of the fires that kill young children are started by children themselves playing with fire.

To be a smart, fire-safety kid, you should always remember:

- Never play with matches or with cigarette lighters, and keep them away from your sisters, brothers, and friends.
- Know how to call 9-1-1 for emergency assistance.
- If you see a fire start, quickly tell an adult and leave right away.
- Check to make sure your house has a smoke detector, ask the grown-ups in your house to check it often so you know how it sounds and to make sure it is working.
- Ask your family if they will help you put together an escape plan to get everyone out of the house in case of a fire or other emergency.
- While trying to exit the house during a fire, always touch doors with the back of your hand to see if they are hot before you open them. If the door is hot, don't open it; go out the other way in your escape plan.
- If the smoke is bad and you have to get out, cover your mouth with a cloth and crawl low on the floor until you get to the door or window.
- If your clothes are on fire, drop to the ground or floor and roll until the flames go out.
- Do not go back into a burning building. Wait outside at a spot where your family members will meet you.

Please don't let fire strike your family. Always keep matches and lighters out of the reach of children.

This information has been provided for our Safe Kids Newsletter by Ray Lambert, North Dakota State Fire Marshal. For more information, contact the North Dakota Attorney General's office at (701) 328-5555.



# Safe Kids Grand Forks & Phoenix Elementary School Receive Pedestrian Safety Grant



Safe Kids Grand Forks is one of ten sites in the United States to have been awarded the Safe Kids Walk This Way Pedestrian Safety Grant from FedEx. The coalition's grant of \$10,000 will help continue pedestrian safety projects at the Grand Forks Elementary School chosen for this project – **Phoenix Elementary!** This is the fifth time Safe Kids

Grand Forks has received the Walk This Way Pedestrian Safety Grant and we are excited to be able to continue our work at the school.

With the grant dollars, we will be doing the following:

- Purchase two “your speed” radar signs to be attached to the existing school speed limit signs on 4th Av. S immediately east and west of Phoenix Elementary.
- Once installed, these signs will be programmed to

coincide with arrival and dismissal of school. The radar signs will give drivers direct feedback as to their speed in the school zone.

- Work with the Grand Forks Police Department to increase enforcement of speed zones within the area of the school.
- Provide education to residents and businesses within the Phoenix school area concerning speed limits and safe driving behavior

during arrival and dismissal of school.

- Develop an adult-supervised “walking school bus” program for students living near the LaGrave Community Center.

The work on the radar signs will take place this summer and we will “unveil” the new signs in the fall of 2010. If you have questions contact Patty Olsen at 780-1856 or [polson@altru.org](mailto:polson@altru.org).

Proud Program Sponsor



## Grand Forks Schools to Take Part in Traffic Studies

For the past six years, Safe Kids Grand Forks, the Metropolitan Planning Organization, Grand Forks Public Schools and East Grand Forks Public Schools has been working with Advanced Traffic Analysis Center (ATAC) to study traffic patterns and safety concerns at our elementary and middle schools. The schools that been studied since 2004 include Ben Franklin, Century, Kelly, Lake Agassiz, Lewis & Clark, Phoenix, New Heights Elementary Schools, and South Middle School. ATAC, which is based out of Fargo, conducts a comprehensive study of the selected schools during arrival and dismissal. They study parking issues, traffic

flow, pedestrian safety, and driver behavior. Following completion of the study, ATAC provides both short and long-term intervention strategies for improving safety at the schools studied.

The recommendations provided over the years have led to numerous changes at the schools studied. These include:

- Redesigning the parking lot at Century Elementary in 2005 and changing traffic flow. A fence which blocked drivers' line of sight was also moved.
- Removing crosswalks along 11th Av. S near Ben Franklin Elementary to decrease the number of places children can

cross.

- Redesigning the traffic flow in the parking lot at Viking Elementary.
- Moving a crosswalk at Kelly Elementary out of the parking lot.
- Changing the angle of parking spaces at Phoenix Elementary. A fence was also cut back to improve drivers' line of sight when exiting the parking lot.
- Changing the angle of parking spaces at South Middle School in the south lot to improve traffic flow.
- Teaching all schools how to use safety equipment such as traffic cones to designate crosswalks and “no parking zones”.

Initially these studies were

funded by Safe Kids Walk This Way Environmental Task Force Grants. Beginning in 2007 the MPO began scheduling and funding the studies. From the beginning, ATAC has conducted the studies at a reduced cost, saving the MPO and Safe Kids substantial monies. We are extremely appreciative of ATACs work and the commitment of the MPO to funding these studies.

ATAC will be continuing their work in Grand Forks this spring.

If you have any questions concerning these studies, please contact Patty Olsen at 780-1856 or [polson@altru.org](mailto:polson@altru.org).



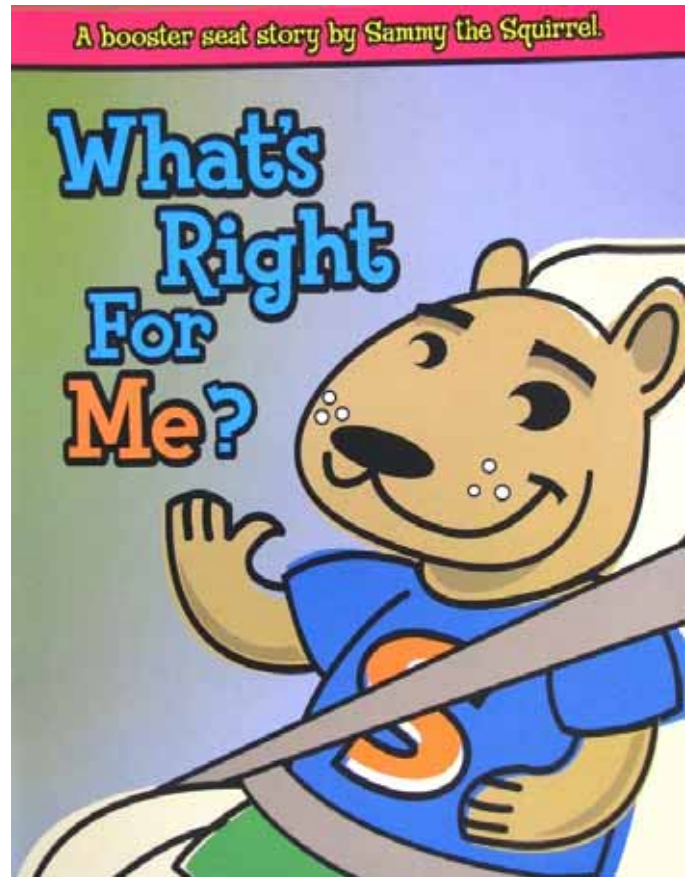
# AAA and Booster Seat Basics

In an effort to increase booster seat use, AAA recently collaborated with the University of Michigan Program for Injury Research and Education to develop a pre-kindergarten through second grade program that brings the booster seat message directly to young children. This education tool is in the form of a storybook and coloring book.

The books – both titled *What's Right for Me?* – feature Sammy the Squirrel, his parents and the Otters – a family of four with both a child safety seat and a booster seat installed in their vehicle. Departing from traditional occupant safety literature, the publications focus on the child's point of view regarding comfort,

visibility and the excitement of choosing a new booster seat.

The storybook is intended for teachers to read to Pre-K-2 children, with teaching points to engage students interested in the use of booster seats. The coloring book is essentially the same as the storybook and is intended for children to take home. Both are available free of charge to educators and traffic safety organizations in North Dakota. For additional information, contact Gene LaDoucer, AAA North Dakota, at 701-282-6222 x274 or [eladoucer@aaand.com](mailto:eladoucer@aaand.com).



## Did You Know???

Grand Forks Public Health has one certified passenger safety technician available on a limited basis for car seat questions. Please call 787-8100 for questions, information, or assistance.



# Cribs for Kids

Decreasing the risk associated with SIDS

SIDS stands for Sudden Infant Death Syndrome, which is the sudden unexplained death of an infant under one year of age. There have been 43 deaths in North Dakota within the last five years, all linked to SIDS. While the main causes of SIDS are still unknown, there are several leading risk factors. These include bed sharing with parents, improper bedding, and secondhand smoke inhalation.

Simple steps that may help prevent SIDS.

- Always put an infant to sleep on their back. This is the safest way for a baby to sleep.
- Always have your infant sleeping in a crib with a firm mattress and fitted sheet. Never put them to sleep on pillows, sofas, or adult beds. Also rid the crib of any excess bedding, toys, or crib bumpers.
- DO NOT smoke during OR after your pregnancy, and don't let others smoke around your child. Smoking while pregnant and the inhalation of second hand smoke BOTH increase the risk of SIDS.
- Offer your baby a pacifier when they go down to sleep, this is shown to decrease the chances of over inhalation of carbon dioxide, which is strongly associated with SIDS.

While deaths resulting from SIDS occur without warning, these simple steps have proven effective. Make sure to contact Cribs for Kids if you do not have a safe crib for your infant.

North Dakota Department of Health  
Division of Family Health



Cribs for Kids  
Defining, Defending and  
Disseminating the Infant Safe Sleep  
Message

North Dakota Pilot Program 2010 funded by RMHC of Fargo and Bismarck. A partner program of SIDS of Pennsylvania. Partnering with OPOP programs located in eight ND cities to provide pregnant women in need with:

1. Safe Sleep Education following the AAP guidelines.
2. A safe crib with a fitted sheet.
3. A Halo SleepSack
4. A Pacifier.



For More  
Information:

Kjersti Hintz, RN  
701.328.2784  
kchintz@nd.gov

Sandy Fetzer, RN  
701.328.4534  
sfetzer@nd.gov

*Babies are safest sleeping alone in an uncluttered crib on their back, never on their front side. If you need a crib...we can help.*



## Sports Safety



In the U.S, roughly 30 million teens and children participate in organized sports. An alarming 3 million sports related injuries occur and roughly one third of all childhood injuries are sports related.

The majority of sports related deaths, although few, result from brain and spine injuries. High contact sports such as hockey, football, and soccer are the leading causes of sports injuries. Safe Kids Grand Forks is combining a group of youth sports coordinators, sports physicians, and injury prevention specialists to increase awareness and ultimately lessen the frequency of overuse injuries and concussions and to raise awareness of proper return to play guidelines.

We want to keep young athletes safe, and handle all injuries properly. Look for more information to come from Safe Kids Grand Forks including studies and statistics regarding injuries such as these.

Safe Kids Grand Forks and Altru Health System  
are pleased to present



# water safety class

in Celebration of National Safe Kids Week

**Event Dates:** Monday, May 3 or Tuesday, May 4, 2010

**Time:** 6:30 - 8:30 p.m.

**Place:** UND Hyslop Arena (old basketball court area)

**Who Should Attend:** Kids in 1st-6th grade (ages 6-11) along with at least one parent/guardian per family

This course is designed to teach youngsters life-long water safety practices. They will be given the opportunity to:

- Practice throwing rescue safety devices
- Participate in proper selection of life jackets via a life jacket relay
- Demonstrate the effects of hypothermia
- Operate a small watercraft under close supervision.
- Learn about hazards in and around pools.

Class size is limited to the first 45 students that RSVP. Children need not wear swimsuits as they do not enter the water or get wet.

**To register, call 780-1639.**

**Event Sponsors:** Safe Kids Grand Forks and Altru Health System, US Army Corp of Engineers, University of North Dakota, and the Grand Forks YMCA.



# PLAYGROUND SAFETY

As it begins to warm up, children are going to be heading out to local playgrounds. Play is a very healthy component of childhood development, where children develop motor, cognitive, perceptual and social skills. But playgrounds are an easy place for children to get hurt.

Each year 20 playground related deaths occur in children under 14 years of age. An estimated 2.2 million children in this same age group are injured in school related circumstances.

A main cause of playground injury is lack of supervision, roughly 40% of playground injuries were a result of children being unsupervised.

- Make sure children **always** have adult supervision when playing on playgrounds.
- Teach proper playground behavior, this means no pushing, shoving or crowding. Also show them proper equipment use.

The most common playground injuries to children under age 5 involve swings and slides.

- Teach children not to jump from swings.
- Instruct them not to walk in front of or behind a moving swing; they should always walk around it.

For children ages 5-14, climbing equipment is the leading cause of injury.

- Falls account for 90% of severe playground injury.
- Risk is increased when children play on equipment designed for older children.
- Ensure equipment is age appropriate and that trained supervisors are always present.
- Risk of injury is four times greater when the child fall from more than 1.5 meters.

Strangulation is a very serious risk of playground injury.

- Remove head and neck drawstrings from all outerwear to prevent strangulation.
- Loose clothing and drawstrings can easily become tangled or trap children in equipment increasing risk of injury.

Always check a playground for safety hazards before allowing children to play on them. Educating children on the proper way to play and proper supervision are the best ways to prevent injury and keep children active and safe.

For more information on playground safety visit [www.safekidsgf.com](http://www.safekidsgf.com)



## Safe Kids Offers Child Passenger Safety Training for Child Care Providers

If you are a child care provider and interested in learning more about the safe transportation of children in motor vehicles, Safe Kids has just the class for you. This class is held monthly (if at least 6 students are registered) and costs \$25 per person. The class, entitled Child Passenger Safety for Child Care Providers is 3.5 hours in length and licensing credits are given for completion of the class. **For class dates and times, contact Sandy at 701-780-1639.** Comments from previous class attendees include:

- "I never knew there was so much to know about car seats. I am SO thankful I attended."
- "I am grateful that a class like this is offered so I can keep my child care kids safer and limit my liability as a provider that transports kids. Thanks Safe Kids!!"

