



## Who Is At Risk?

Half of all school-age pedestrians killed in school-related crashes are between the ages of 5 and 7.

Children ages 10 to 14 account for 46 percent of school-related injuries.

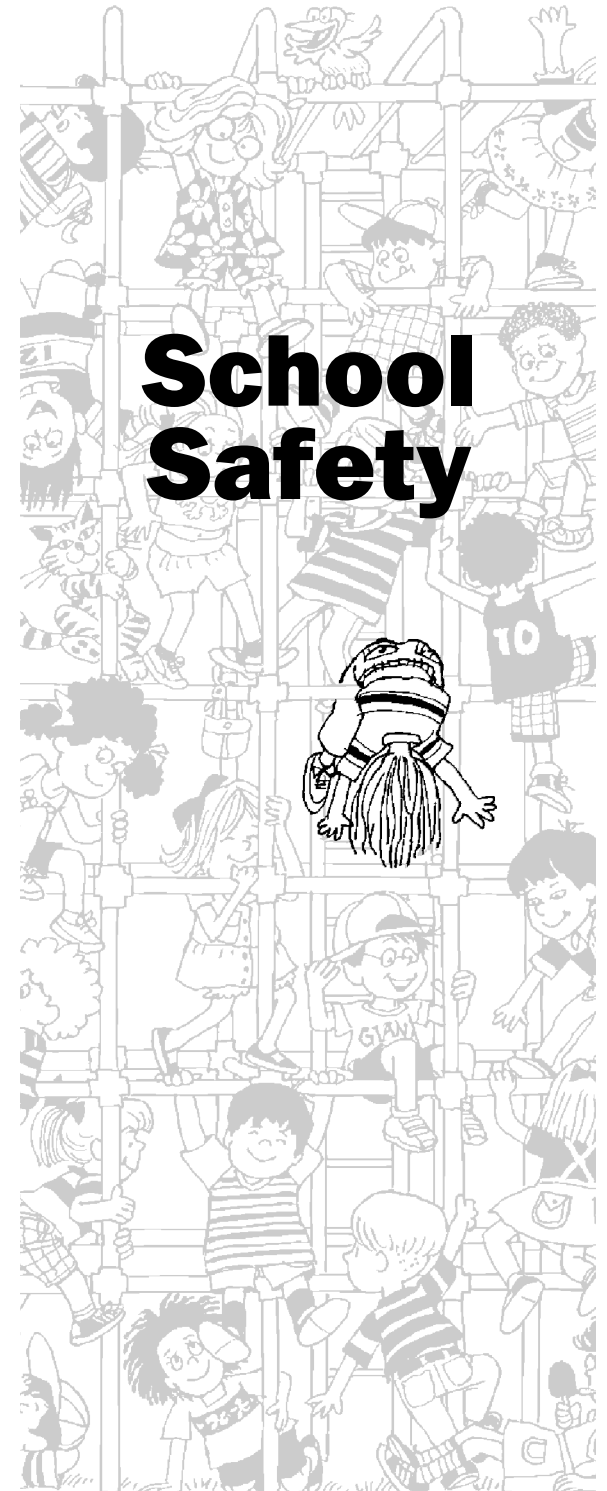
Boys are three times more likely to sustain a school-related injury than girls.



For more information contact:

**Safe Kids Grand Forks**  
c/o Altru Health System  
P.O. Box 6002  
Grand Forks, ND 58206-6002

Coordinator: Carma Hanson  
Phone: 701-780-1489  
Fax: 701-780-1507



# School Safety

---

## School Injuries

- 10-25% of unintentional injuries to children 14 and under occur in and around school.
- Playgrounds are associated with the majority of injuries among elementary school students.
- Athletics (including physical education) account for the majority of injuries among secondary students.



## The Facts Are In

- 80% of elementary school students will see a school nurse for an injury-related complaint over a two-year period.
- Approximately 13,000 playground equipment-related injuries occur on school playgrounds during school hours.
- In 2003, 20 children ages 14 and under were killed and approximately 6200 were injured in school bus-related incidents. 45% of the deaths were child pedestrians.



## Did You Know?

- Over 70% of playground equipment-related injuries involve falls to the surface.
- Lack of supervision is associated with 40% of playground injuries.
- The rate of injury per 1000 students participating in organized school sports is more than 5 times that of students participating in physical education.
- Among organized school sports, football has the highest injury rate, followed by basketball, wrestling, and gymnastics.
- Most organized sports-related injuries (62%) occur during practice rather than during games.
- Most school-age pedestrian deaths occur in the afternoon. 41% of the fatalities occur between 3:00-4:00 p.m.

## Steps To Safety

- Implement an annual school safety checklist.
- Regularly maintain all equipment and facilities.
- Train school staff in emergency first aid and CPR.
- Supervise children when using playground equipment.
- Prevent unsafe behaviors (pushing, shoving, crowding, and inappropriate use of equipment).
- Ensure children play on age-appropriate equipment.

## Sports Safety

- Ensure proper physical & psychological conditioning.
- Use appropriate safety equipment.
- Utilize a safe playing environment.
- Enforce safety rules in any sports program.
- Assure participants stay well hydrated during practice and games.

## School Bus Safety

- Teach children school bus safety tips (arrive early, wait for bus to come to complete stop, watch for cars, avoid driver's blind spot, exit using front handrails, cross street 10 ft. in front of the bus).
  - Ensure children stay seated and keep heads and arms inside the bus.
  - Keep aisles clear.
  - Keep noise down so driver is not distracted.
-