



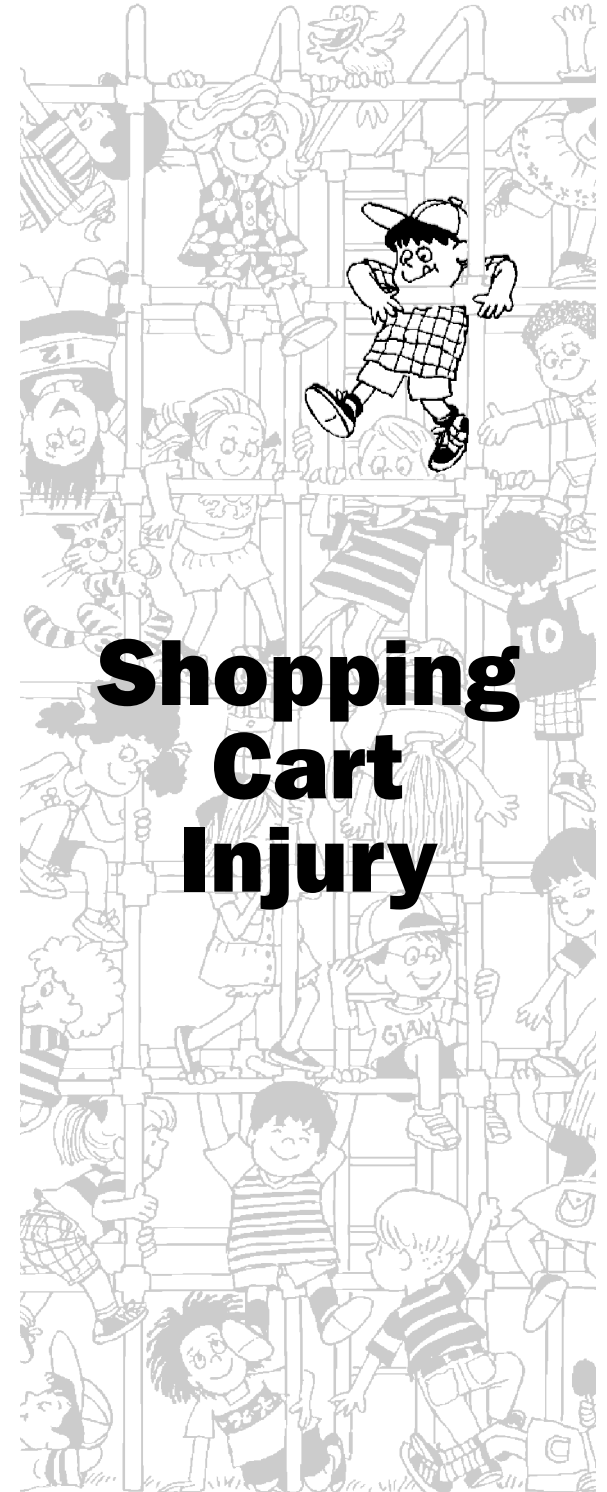
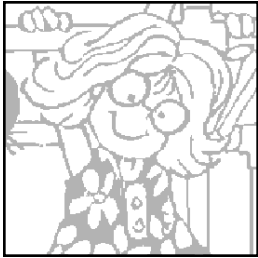
# Safe Kids

## GRAND FORKS

For more information contact:

**Safe Kids Grand Forks**  
c/o Altru Health System  
P.O. Box 6002  
Grand Forks, ND 58206-6002

Coordinator: Carma Hanson  
Phone: 701-780-1489  
Fax: 701-780-1507  
Email: [chanson@altru.org](mailto:chanson@altru.org)  
[www.altru.org](http://www.altru.org)



# Shopping Cart Injury



---

## Shopping Cart Injury

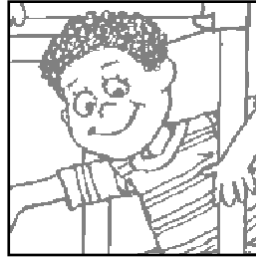
Children are at risk of injury from:

- Running into carts.
- Tipping over carts while climbing onto the outside.
- Getting finger and toes caught in wheels.
- Falling or jumping from the cart.
- Carts overturning causing children to be pinched in the folding mechanism of the seat or fall against the cart.

Children may suffer lacerations, cuts, bruises, fractures, concussions and internal injuries.

## The Facts Are In

- Since 1985, at least five children have died from shopping cart-related injuries.
- Each year, on average, falls from shopping carts account for 60 percent of all shopping cart-related injuries among children ages 5 and under.
- Head injuries account for approximately two-thirds of all injuries associated with falls from shopping carts.



## Did You Know?

- In 80 percent of falls from shopping cart seats, the children were unrestrained.
- Research has shown that even when shopping carts are equipped with safety restraints parents do not use them.
- Approximately 85 to 90 percent of fall-related incidents occur inside grocery and department stores. The remainder occurs directly outside the stores or in the parking lots.

## Who Is At Risk?

- Children ages 5 and under account for two-thirds of all shopping cart-related injuries.
- Children left unattended are at greater risk for shopping cart related injuries.
- More than 80 percent of parents/caregivers leave children unattended at least once while on a shopping trip, increasing their risk for injury.

## Steps To Safety

- Always use safety belts to restrain children in shopping cart seats.
  - Consider bringing a harness or safety belt with you when shopping.
  - Always stay close to the shopping cart.
  - Never let a child push or steer a shopping cart.
  - Do not let your child stand in the shopping cart.
  - Do not let your child ride in the large part of the cart where you place groceries.
-