



# North Dakota Childhood Injury Prevention Virtual Workshop



Presented by:



1

**North Dakota Childhood Injury Prevention Virtual Workshop**  
 March 27, 2024 | 8:30 a.m.—4:30 p.m.

8:30 – 9:00 a.m.	<b>Welcome &amp; Overview of Safe Kids North Dakota Coalitions and a Glimpse Into the North Dakota Injury Prevention Plan   NDIP Committee</b>	Safe Kids Coalition Coordinators & Beth Oestreich, ND Injury Prevention Program Director
9:00 – 9:45 a.m.	<b>North Dakota Child Fatality Data Review: A review of death data impacting children in North Dakota.</b>	Jenn Gabar, North Dakota Child Fatality Review Panel Administrator
9:45 – 10 a.m.	<b>BREAK</b>	
10 – 11:00 a.m.	<b>Safe Sleep Updates:</b> The importance of SUID risk reduction interventions.	Safe Kids Fargo-Moorhead—Sarah Brooks and Teresa Kladel—Community Life Educators
11:00–11:30 a.m.	<b>Don't Be a Fool, Gun Safety is Cool:</b> Promoting safety around firearms with childhood injuries on the rise.	Safe Kids Bismarck-Mandan—Alyssa Preszler, Coordinator
11:30 –12 noon	<b>To Grandmother's House We Go:</b> A glimpse of child passenger safety resources throughout the state and vehicular heartstroke prevention tips.	Safe Kids Bismarck-Mandan—Alyssa Preszler, Coordinator
12 noon – 1:00 p.m.	<b>Lunch</b>	
1 – 2:00 p.m.	<b>Kids Don't Float:</b> Let's dive into water safety & drowning prevention tips.	Safe Kids Grand Forks—Carma Hanson, Coordinator
2 – 2:30 p.m.	<b>Fun on four wheels:</b> How to keep everyone including the smallest riders safe on ATV's and UTV's.	Safe Kids Minot—Amber Emerson, Coordinator
2:30 – 2:45 p.m.	<b>BREAK</b>	
2:45 – 3:15 p.m.	<b>Staying Safe for Fun on the Farm:</b> A look at injury prevention strategies for farm and rural settings.	Safe Kids Fargo-Moorhead—Kallyn Allen, Community Life Educator
3:15 – 4:00 p.m.	<b>Safety on Wheels &amp; Safe Kids Walk The Way:</b> Take a look with us to review wheeled sports and pedestrian safety programs and strategies.	Safe Kids Grand Forks—Tina Sanders, Safe Kids Specialist
4:00 – 4:30 p.m.	<b>Additional Resources - Evaluation - Wrap Up &amp; Call to Action</b>	Safe Kids Coalition Coordinators & Beth Oestreich, ND Injury Prevention Program Director

Registration is FREE and needs to be completed by March 22, 2024. To register, visit <https://bit.ly/3R4eqPn> or scan the QR code included here. The training will use a Zoom platform and the link to it will be e-mailed by March 25, 2024 to all those that are registered. If you plan to view this as a group, please do a registration for each individual attending so we can properly issue CEU's.

For workshop questions, contact Safe Kids Grand Forks at 701.780.1489 or [safekids@atru.org](mailto:safekids@atru.org).

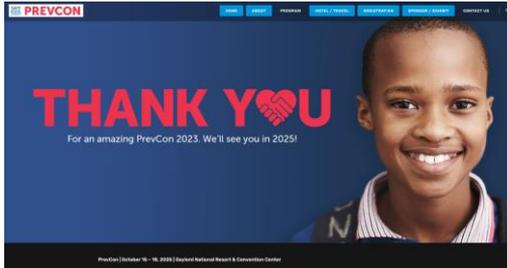


2



2

## General Safe Kids Updates



PreVCon is a national injury prevention conference hosted by Safe Kids Worldwide.

It brings together injury prevention specialists from around the country (and globe) to address childhood injury prevention.

This conference is held every other year (odd years).

**PreVCon 2025 will be held October 15 -18, 2025 at the Gaylord National Resort & Convention Center in National Harbor, MD.**

Watch their web site for details: <https://prevcon.org/>

3

3

## General Safe Kids Updates



- For great resources from Safe Kids Worldwide, LIKE them on Facebook or check out their website at: [safekids.org](http://safekids.org)



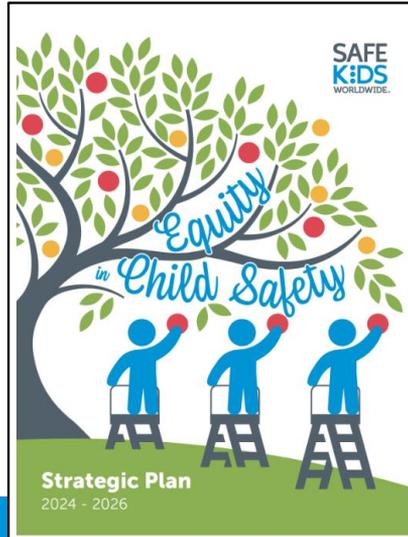
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4

# General Safe Kids Updates



- Safe Kids Worldwide recently published their 2024-2026 Strategic Plan. Check it out on their website at [www.safekids.org](http://www.safekids.org)



# General Safe Kids Updates



- Several of the Safe Kids coalitions are proud to serve as host sites for the 4-day CCPST training courses. The schedule can be found here:
- <https://www.hhs.nd.gov/health/prevention-healthy-living/child-passenger-safety/upcoming-child-passenger-safety-trainings>

### 2024 North Dakota National Child Passenger Safety Technician Certification Training




**Course Information**

This training provides basic technical skills, experience and knowledge about the proper use and installation of child car seats when working with parents and caregivers with child passenger safety needs.

**Course Content**

This training will provide participants with the technical skills to:

- Identify and correct misuse of car safety seats
- Serve as a community resource at a variety of community events such as car seat checkups
- Educate others about child passenger safety issues
- Reduce potential liability through standardization
- Increase knowledge and skills to meet national certification

Certification is achieved through a combination of lectures, hands-on practice, role-playing and written and hands-on skills testing. The training concludes with a competency car seat checkup. Participants must be in attendance for the entire course and successfully pass to receive certification.

**Who Should Attend?**

- Law Enforcement Personnel (POCS) candidates
- Health Care Professionals
- Social Workers
- Emergency Medical Personnel
- Child Care Providers
- Nurses
- Physical/Occupational Therapists
- Safety Advocates
- Firefighters
- Agencies Who Transport Children
- Car Dealership Personnel

**2024 DATES**

**Bismarck** .....April 9-13  
**Williston** .....April 23-28  
**West Fargo** .....April 29-May 2  
**East Grand Forks** ...May 20-23  
**Minot** .....August 6-9

**Registration & Fees**

- Go to <http://www.safekids.org>, select "become a tech" and follow registration instructions. Fees include a two-year national certification (upon successful completion), technician manual and car seat instructions. Book drive.
- National certification fee: \$195
- Local fee: \$13.46

For more information, contact us at  
**701-228-6533 or [dmeyers@nd.gov](mailto:dmeyers@nd.gov)**

## General Safe Kids Updates



- As a reminder, the ND Child Passenger Safety Program offers a CPS workshop every other year. This year, it will be held in Bismarck on 7.31.2024. For details, visit: <https://www.hhs.nd.gov/health/prevention-healthy-living/child-passenger-safety>

**What?** 2024 Child Passenger Safety Workshop

**When?** July 31, 2024

**Who?** Certified Child Passenger Safety Technicians

**Where?** North Dakota Capitol, Bismarck, ND

**Why?** Because we ♥ CPS!

CPS CEUs, POST and nurse contact hours will be offered  
More information to follow!

NDHHS  
**Dakota** Be Legendary.  
Health & Human Services

**VISION ZERO**  
Zero Deaths. Zero Injuries.

7

7

## General Safe Kids Updates



- Want to learn more about child passenger safety on school buses? Join the class being taught in Minot on July 30, 2024 or email [safekids@altru.org](mailto:safekids@altru.org) to be added to the “class interest list” to learn more about future classes being offered throughout the state.

**VISION ZERO**  
Zero Deaths. Zero Injuries.

**SAFE KIDS**  
CHILD PASSENGER SAFETY

SCHOOL BUS

CHILD PASSENGER SAFETY ON  
**SCHOOL BUSES**

**JULY 30TH, 2024**  
8:30AM - 4:30PM  
MINOT HEAD START

REGISTRATION FEE: \$20 (INCLUDES LUNCH)  
EMAIL FOR DETAILS: [SAFEEKIDS@ALTRU.ORG](mailto:safekids@altru.org)  
CALL: 701.780.1489 TO REGISTER

THIS CLASS IS OPEN FOR SCHOOL BUS DRIVERS, BUS MONITORS, SPECIAL EDUCATION TEACHERS, PARENTS, EARLY CHILDHOOD EDUCATION PERSONNEL, HEAD START, CHILD CARE, PROVIDERS, CAR SEAT TECHNICIANS, PRINCIPALS AND TRANSPORTATION PERSONNEL. PLEASE FEEL FREE TO SHARE THIS FLYER ACCORDINGLY.

8

8



## Safe Kids Bismarck-Mandan



Join us for Kids Safety Day!  
 August 9<sup>th</sup>, 2024  
 1pm-6pm  
 At the State Capitol  
 Grounds

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K:IDS**  
 BISMARCK-  
 MANDAN

11

## Safe Kids Bismarck-Mandan



- Bike Bus at Bismarck Elementary Schools
  - Students meet coalition members at a public location
  - Bike helmets are fitted and/or distributed
  - Brief discussion of safety when riding to school
  - Coalition members lead the kids on a bike ride to school!

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 MANDAN

12

## Safe Kids Bismarck-Mandan



Stop the Bleed Training at Local High School Medical Career Classes



13

13

## Safe Kids Bismarck-Mandan



Have a Community Event that is health or safety related? We would love to attend- please reach out!



14

## Safe Kids Bismarck-Mandan



- Bismarck Mandan Safety Council Annual Bike Rodeo
- Learn about bike safety
  - Have your bike inspected (tires filled, seat adjusted, etc.)
  - Have your helmet fitted
  - Ride your bike on a fun obstacle course
  - Enter a drawing for a free bike!



15

## Safe Kids Bismarck-Mandan



Car Seat Checkup Events in Bismarck



**2024 CAR SEAT Check-Ups**

To make an appointment scan the QR code below or visit <https://tinyurl.com/3zyuek3s>



DATES/TIMES OF APPOINTMENTS AVAILABLE		
January 10	Public Chevrolet	11 a.m. - 2 p.m.
February 7	Public Chevrolet	3 p.m. - 6 p.m.
February 24	Public Chevrolet	9 a.m. - 11 a.m.
March 13	Public Chevrolet	11 a.m. - 2 p.m.
April 10	Public Chevrolet	3 p.m. - 6 p.m.
April 12	Public Chevrolet	TBD
May 8	Public Chevrolet	11 a.m. - 2 p.m.
June 12	Public Chevrolet	3 p.m. - 6 p.m.
July 10	Public Chevrolet	11 a.m. - 2 p.m.
August 14	Public Chevrolet	3 p.m. - 6 p.m.
September 11	Public Chevrolet	11 a.m. - 2 p.m.
September 21	Public Chevrolet	1 p.m. - 4 p.m.
October 9	Public Chevrolet	3 p.m. - 6 p.m.
November 13	Public Chevrolet	11 a.m. - 2 p.m.
November 23	Public Chevrolet	3 p.m. - 6 p.m.
December 11	Public Chevrolet	3 p.m. - 6 p.m.
January 8, 2025	Public Chevrolet	11 a.m. - 2 p.m.
February 12, 2025	Public Chevrolet	3 p.m. - 6 p.m.

**SPONSORED BY:**  
Bismarck-Mandan Safety Council



1800 814 N. Calgary Ave.  
Bismarck

**Please Bring:**

- Car seat instructions & vehicle owner's manual

Education and hands-on assistance will be provided with:

- Installing the car seat correctly in your vehicle
- Securing the child safely in the car seat

Your seat will be checked to be sure:

- It meets current safety standards and has not been recalled
- It is appropriate for your child's size, weight and height



16

## Safe Kids Bismarck-Mandan



Presentations for Elementary Schools on Various Safety Topics Include:

- Car Passenger Safety (in collaboration with Vision Zero)
- Biking Safety
- Swimming/Open Water Safety
- Home Alone Safety

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MANDAN

17

## Safe Kids Fargo-Moorhead



### Offerings:

- Free car seat checks to the public
  - Tuesdays and Thursdays by appointment
- Free support for children who have unique travel needs
- Free Monthly Community Classes open to the public
- Attend your community event
- Free educational sessions for caregivers, staff, children
- Free Injury Prevention educational resources available

For more information call or email: 701-234-7233  
Sanfordchildrensclasses@sanfordhealth.org

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FARGO-  
MOORHEAD

18

## Safe Kids Fargo-Moorhead



### Two Safety Centers open to all community members!



**SANFORD CHILDREN'S  
SAFETY CENTER STORE  
AND SAFE KIDS FARGO-MOORHEAD**  
2701 13<sup>TH</sup> AVE S, Fargo, ND  
Monday through Friday: 8:30 a.m.- 5p.m.



**SANFORD CHILDREN'S  
CAR SEAT SAFETY CENTER**  
601 39<sup>TH</sup> ST N, Fargo, ND  
Tuesday and Thursday: 9 a.m.- 7p.m.



To learn more, call (701)-234-7322 or visit [sanfordhealth.org](http://sanfordhealth.org); Keyword: Safety Center

**SAFE  
KIDS**  
FARGO-  
MOORHEAD

19

## Safe Kids Fargo-Moorhead



### Services Available:

- **Free Car Seat Checks to all community members**
  - Car Seat Checks are offered Tuesdays and Thursdays by appointment
  - If your child has unique travel needs, please reach out as our team works alongside other medical team members to support your family in identifying a safe way for child to travel.
  - Book an appointment today: 701-234-7233
- **Free Bike Helmet Fittings**
  - Stop by one of our Safety Centers during business hours for a bike helmet fitting
- **Child Safety Products available for purchase and safety displays**
  - Sleep sacks
  - Home proofing items
  - Sport Safety equipment
  - Car Seats

And more!
- **Injury Prevention Educational Resources available upon request**
  - We can provide resources to you on a variety of injury prevention topics for the clients you serve!

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KIDS**  
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MOORHEAD

20

## Safe Kids Fargo-Moorhead



### Free Monthly Community Classes Open to All

- Baby's First Ride
- Caring for Your Newborn
- CPR for Family and Friends: Infant & Child
- Grandparenting 101
- Infant Massage
- Keeping Baby Safe Around Pets
- New Dad's Playbook
- Our Family is Having a Baby
  - A class for Super Siblings
- Safe and Sound
- Teach Baby to Sign
- Post Partum class coming soon!



#### Register for a community class today!

For more information scan the QR code for class summaries or call 701-234-7233.

Free language assistance services are available.



21

## Safe Kids Fargo-Moorhead



### Join us at the Zoo for Safety Safari

Free and open to the Public

Red River Zoo, Fargo ND

Saturday, May 18<sup>th</sup> from 2pm-6pm

#### So much fun to be had! Join in:

- See the police cars
- Tour an ambulance
- Interactive games
- See the animals
- Complete your BINGO card for a prize
- Learn about community helpers
- Bike helmets and life jackets for sale
- Explore the ins and outs of a fire engine



Reach out to us by calling 701-234-7233 or emailing: [sanfordchildrensclasses@sanfordhealth.org](mailto:sanfordchildrensclasses@sanfordhealth.org)



22

## Safe Kids Fargo-Moorhead



### Other opportunities:

- **Planning a Community or Family event?** We'd love to join your event with interactive injury prevention education!
- **Does your business work with families of children?** We'd love to provide educational sessions for your staff!
- **Do you work with children?** We would love to come in and lead an interactive session with the children you work with!
- **Do you offer caregiver sessions?** Wonderful, could we collaborate and support you with an educational session for the caregivers you serve?
- **Do you work with marginalized populations that may need additional support?** We'd love the opportunity to discuss how we can collaborate to serve these families!
- **Interested in being a part of our coalition?** Brilliant! Please indicate this on your evaluation and we will be in touch!



Reach out to us by calling 701-234-7233 or emailing: [sanfordchildrensclasses@sanfordhealth.org](mailto:sanfordchildrensclasses@sanfordhealth.org)

23

## Safe Kids Fargo-Moorhead



### Attend a Safe Kids Fargo-Moorhead Coalition Meeting

Safe Kids Fargo-Moorhead Meets Quarterly  
Upcoming meeting dates are:

- **Wednesday, April 17<sup>th</sup>** from 12pm-1:30pm @ Fargo Public Safety Building
- **Wednesday, August 14<sup>th</sup>** from 12pm-1:30pm location to be determined
- **Wednesday, October 30<sup>th</sup>** from 12pm-1:30pm location to be determined

Typical meeting format is:

- Committee meetings with light lunch
- Business meeting
- Educational session

Virtual option is available! If you have a topic you would like to educate the coalition on, please reach out to Katie Heck, Safe Kids Fargo-Moorhead Coordinator! We recognize these are long meetings, all who attend are welcome to come and go as they need to.



Reach out to us by calling 701-234-7233 or emailing: [sanfordchildrensclasses@sanfordhealth.org](mailto:sanfordchildrensclasses@sanfordhealth.org)

24

# Safe Kids Grand Forks



Join our monthly meetings either in person or virtually.

We meet on the 2<sup>nd</sup> Thursday of each month (see dates listed) from 12 – 1 p.m.

Zoom attendance is an option.

To be added to our meeting notification roster, email [chanson@altru.org](mailto:chanson@altru.org)

**SAFE KIDS GRAND FORKS** **Altru**

### Safe Kids Grand Forks 2024 Meeting Dates

All meetings will be held on the second Thursday of each month unless otherwise noted. (This is a change from past year's when it was held on the third Thursday.)

Please mark your calendars for these dates in 2024.

- January 18 – (Moved 1 week later)
- February 8
- March 14
- April 11
- May 9
- June 13
- July 11 – (Possible no meeting)
- August 8
- September 12
- October 10
- November 14
- December 12 – (Possible no meeting)

**Physical Meeting Place:**  
 607 DeHlers Avenue (Altru Clinic) in East Grand Forks  
 Most months we meet in person and virtual is always an option. Please RSVP for in-person attendance so we can plan accordingly for lunch.

**Zoom Meeting Link:**  
 Join Zoom Meeting  
<https://us02web.zoom.us/j/82094543054?pwd=ZmtyVjRlbnM5a2pPaFZlZWVlZDZlQjR5>  
 Meeting ID: 820 654 3054  
 Passcode: 905688  
 Meeting time: 12 – 1:00 p.m.

We do not necessarily meet every month, but we do set aside this time and dates in case you have urgent needs. A meeting notice/cancellation notice will be sent out 1 week prior to these scheduled dates.

**SAFE KIDS GRAND FORKS**



# Safe Kids Grand Forks



If you have connections with foster parents, please share this schedule of FREE CEU trainings with them.

These are offered monthly by Safe Kids Grand Fork via Zoom for anyone interested.

1 CEU credit is offered in ND for foster parents.

Registration is required to get the link to participate.

Safe Kids Grand Forks Presents:  
**Parent, Caregiver & Foster Parent Safety Sessions**

Join us via Zoom as we discuss topics to help keep your kids and family safe from preventable injuries.

**FREE** but pre-registration is required (see below).

These sessions qualify as continuing education hours for ND foster families, but are open to anyone wanting more information on these safety topics, including parents, grandparents, foster parents or other caregivers. These sessions are free but registration at the link below is required. (The Zoom link and password will be sent to registered participants via email the day prior to each session.)

Please register at least two days in advance of each session so we can plan accordingly for sending sessions handouts and the log-in password.

**Sign Up Link:**

**SAFE KIDS GRAND FORKS** **Altru**

- January 16, 2024 | 6:30 – 7:30 p.m. | Safe Sleep, Crib and Car Seat
- February 20, 2024 | 6:30 – 7:30 p.m. | Household Poisoning
- March 19, 2024 | 6:30 – 7:30 p.m. | Concussion | Head Injury
- April 16, 2024 | 6:30 – 7:30 p.m. | Safety on Wheels
- May 21, 2024 | 6:30 – 7:30 p.m. | Water Safety | CO Poisoning on Boats
- June 18, 2024 | 6:30 – 7:30 p.m. | Summer Safety
- July 16, 2024 | 6:30 – 7:30 p.m. | Gun Safety
- August 20, 2024 | 6:30 – 7:30 p.m. | Back to School Safety
- September 17, 2024 | 6:30 – 7:30 p.m. | Child Passenger Safety Basics | Halloween
- October 15, 2024 | 6:30 – 7:30 p.m. | Carbon Monoxide | Radon | Vaccines
- November 19, 2024 | 6:30 – 7:30 p.m. | Holiday Safety
- December 17, 2024 | 6:30 – 7:30 p.m. | Winter Travel

**SAFE KIDS GRAND FORKS**



## Safe Kids Grand Forks



Safe Kids Grand Forks has 5 subcommittees that meet periodically throughout the year. You can join one or all of them as you are interested.

Email us at [safekids@altru.org](mailto:safekids@altru.org) for more details or to join our subcommittee meetings in person or via Zoom/Teams.



Water & Outdoor Recreation

Child Passenger Safety / Motor Vehicle

Pedestrian & Wheeled Sports

Home Safety

Sports Safety



## Safe Kids Grand Forks



### PARENTING EDUCATION SERIES

Parenting is a tough job, but Safe Kids Grand Forks is here to provide some safety guidance to make it a little bit easier. Join us for FREE online trainings.

- January 16, 2024: Safe Sleep
- February 20, 2024: Household Poisoning
- March 19, 2024: Concussion/Head Injury
- April 16, 2024: Safety on Wheels
- May 21, 2024: Water Safety
- June 18, 2024: Summer Safety
- July 16, 2024: Gun Safety
- August 20, 2024: Back to School Safety
- September 17, 2024: Car Seat Basics/Halloween Safety
- October 15, 2024: CO/Radon Safety
- November 19, 2024: Holiday Safety
- December 17, 2024: Winter Travel

CLASSES ARE FROM 6:30-7:30 PM ON ZOOM



Sign Up Link:



Join us monthly as we offer parenting trainings that are via Zoom and free of charge. These cover a wide variety of topics and can be attended by expectant or current parents, grandparents, students, caregivers or anyone interested in the topic being covered.



# Safe Kids Grand Forks



Join us in sharing information about this signature event held each spring.

If you would like to volunteer at this year's event, we still have openings and need for help. E-mail us at [safekids@altru.org](mailto:safekids@altru.org)



From expectant parents to 10 year olds, caregivers to grandparents, there is truly something for everyone! Join us for this FREE event presented by Safe Kids Grand Forks. This event will feature interactive, kid-friendly booths along with educational information and items for sale from various agencies and vendors. For more information visit [safekidsgf.com](http://safekidsgf.com) or [facebook.com/HandsOnLearningFair](https://facebook.com/HandsOnLearningFair)



Presenting Sponsor



# Safe Kids Grand Forks



Interested in getting our quarterly newsletter?

Sign up at: [www.safekidsgf.com](http://www.safekidsgf.com)

Click on the newsletter link on the right hand side.

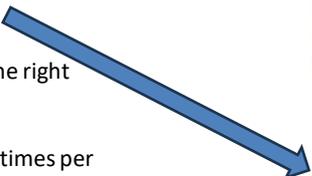
These come out electronically 5 times per year.

Want to see past issues? Visit our website and click on the NEWS icon at the top of the page.



The important thing to remember about preventable injuries is that they are preventable.

Click here to sign up and receive our quarterly newsletter via email!



# Safe Kids Grand Forks



Interested in learning more about home safety and how to keep families and clients safe in this environment?

Safe Kids Grand Forks offers an annual Home Safety Training each fall. To be added to our "interested attendees list", email [safekids@altru.org](mailto:safekids@altru.org) to receive information on this fall's event.



# Safe Kids Grand Forks



If you work with ambulance services and would like to learn more about the recommendations and standards for transporting children in these type of vehicles, join us for one of these two virtual training dates in April.

Sessions are recorded if you are unable to attend at the scheduled times. Registration is required, but the training is FREE and offers EMS CEUs.

**SAFE TRANSPORTATION OF CHILDREN IN AMBULANCES TRAINING**

This training is intended for first responders and ambulance staff in order to discuss safe transport for infants and children in emergency vehicles and to understand how to meet safe transportation requirements for your ambulance service. (Same content as 2023 presentation.)

FREE - REGISTRATION IS REQUIRED WITH THE QR CODE OR THIS LINK [HTTPS://BIT.LY/3TK7LBZ](https://bit.ly/3tk7Lbz)

Zoom Sessions:  
(Link provided after registration. All the same sessions. Sign up for one.)

APRIL 23, 2024 - 12:00 - 1:00 PM  
APRIL 25, 2024 - 6:30 - 7:30 PM

FOR MORE INFORMATION  
701.780.1489  
[safekids@altru.org](mailto:safekids@altru.org)

This session is eligible for CEU's from ND EMS Association - NCCR - 30 Minutes  
LCCR or ICER - 30 Minutes

VISION ZERO  
Zero fatalities. Zero excuses.

Altru HEALTH SYSTEM

SAFE KIDS GRAND FORKS




## Safe Kids Grand Forks



If you are interested in either of the following, email [safekids@altru.org](mailto:safekids@altru.org) for more information or assistance:

- Hosting a medication take back event in your community.
- Attending a virtual medication safety training for healthcare professionals (1 FREE nursing CEU provided for attendance).



## Safe Kids Grand Forks



### East Grand Forks Car Seat Check

January 25.....	9-11 a.m.	July 25.....	9-11 a.m.
February 20.....	12-2 p.m.	August 26.....	12-2 p.m.
March 26.....	9-11 a.m.	September 26.....	9-11 a.m.
April 25.....	12-2 p.m.	October 24.....	12-2 p.m.
May 23.....	9-11 a.m.	November 26.....	9-11 a.m.
June 26.....	12-2 p.m.	December 19.....	12-2 p.m.



See the Discussion tab for more information



Monthly indoor car seat checkup events are held the 4<sup>th</sup> week of the month at varying times at the East Grand Forks Fire Station. These are by appointment only.



# Safe Kids Grand Forks



## Grand Forks Car Seat Check



See the Discussion tab for more information

Rydellcars.com

2700 South Washington Street  
Grand Forks, ND

Second Thursday of every month from 4-7 p.m.

January 11	July 11
February 8	August 8
March 14	September 12
April 11	October 10
May 9	November 14
June 13	December 12

No appointments needed at Rydell's

SAFE  
KIDS  
GRAND FORKS

Rydell

VISION  
ZERO

Altru

Our indoor car seat checkup events are held monthly on the 2<sup>nd</sup> Thursday from 4 – 7 p.m. at Rydell Auto Center in Grand Forks. No appointment needed.

SAFE  
KIDS  
GRAND FORKS

# Safe Kids Grand Forks



Have you ever tried to install a car seat into a vehicle? Do you know how a newborn baby should be placed in their car seat? 4 out of 5 car seats are used incorrectly and we want to assure that you are transporting your "precious cargo" safely after your delivery.



A link to a virtual option is available if someone is interested and not able to attend in-person in Grand Forks.

### Bringing Home Baby

Car seat class for new or expectant parents

Altru Health System, Rydell Cars and Safe Kids Grand Forks have teamed up to offer **Bringing Home Baby**. This class is designed for expectant parents or those of newborn babies. We would encourage you to take the class prior to your delivery. If you have purchased a car seat, bring it along to class and we will provide hands on training on how to properly install the car seat into a vehicle.

**Cost:**  
The cost of this class is \$5 per couple. Register through MyChart or by calling 701.780.1489. If this cost keeps you from attending, please contact Safe Kids for scholarship options.

**Location:**  
Rydell Auto Center conference room, 2700 South Washington Street, Grand Forks, ND (Use front entrance on Washington St. - not the service lane)

For additional car seat checkup events in the Grand Cities, please visit Safe Kids Grand Forks on Facebook!

2024 Class Dates  
5:30 - 7:00 p.m.

<b>January</b> Thursday, January 11	<b>July</b> Thursday, July 11
<b>February</b> Thursday, February 8	<b>August</b> Thursday, August 8
<b>March</b> Thursday, March 14 Tuesday, March 26	<b>September</b> Thursday, September 12 Tuesday, September 24
<b>April</b> Thursday, April 11	<b>October</b> Thursday, October 10
<b>May</b> Thursday, May 9	<b>November</b> Thursday, November 14
<b>June</b> Thursday, June 13 Tuesday, June 25	<b>December</b> Thursday, December 12

SAFE  
KIDS  
GRAND FORKS



Altru

Rydellcars.com

VISION  
ZERO

## Safe Kids Grand Forks



Our regional check up event schedule for NE North Dakota and NW Minnesota is on-line and there are Facebook events for all of these.

More are being added as we finalize the details.

March 26	East Grand Forks (Fire Station) 9-11am BY APPT
March 28	Lakota (Child Care Center) 4-6pm BY APPT
April 11	Grand Forks (Rydell Cars) 4-7pm
April 25	East Grand Forks (Fire Station) 9-11am BY APPT
May 1	Fergus Falls (Head Start) 2:30-4:30pm
May 8	Langdon (Courthouse) 9am-Noon
May 8	East Grand Forks (Head Start) 2-4:30pm
May 9	Grand Forks (Rydell Cars) 4-7pm
May 13	Crookston (Head Start) 3-4:30pm
May 23	East Grand Forks (Safe Kids) 10am-Noon BY APPT
June 3	Cooperstown (Courthouse) 12:30-3:30 pm
June 13	Grand Forks (Rydell Cars) 4-7pm
June 20	Bemidji (Fairgrounds) 4:30-6:30pm BY APPT
June 26	Drayton (Public School) 10:30am-1:30pm
July 24	Pembina (Community Center) 10:30am-1:30pm
August 6	Lakota (Courthouse) 12:30-3:30pm
August 7	Walhalla (Community Center) 10:30am-1:30pm



Stop by these free events to check your car seats for correct installation and that every child is using the appropriate car seat for their size. Kids grow fast and adjustments are often needed!  
 Additional checkups will be added! Check [safekidsgf.com](http://safekidsgf.com) or our Facebook page for details and up to date information.  
 Call 701.780.1489 to schedule an appointment.

## Safe Kids Grand Forks



If water safety is your “thing”, we have a deal for you to volunteer at.

Join us for the annual Kids Don’t Float water safety class offered in Grand Forks on April 29, 30 and May 1-2.

We need 10-12 volunteers per session and there are two sessions per day in which over 700 kids will attend and be trained in lifelong water safety skills.



## Safe Kids Grand Forks



Check out website for a listing of our regional life jacket loaner programs that include “by the water” sites and “check out” programs.



## Safe Kids Grand Forks



To learn more about or volunteer with our Safety Around Schools or Safety on Wheels programs, contact us at [safekids@altru.org](mailto:safekids@altru.org).



# Safe Kids Grand Forks

**SAFE KIDS GRAND FORKS**

Preventing injuries at home, at school, at play, and on the way.

home about us our programs safety info events & classes news links contact

Welcome to Safe Kids Grand Forks!

Click here for Upcoming Events

**HANDS ON learning fair** PRESENTED BY SAFE KIDS GRAND FORKS

Register Now!

North Dakota Childhood Injury Prevention VIRTUAL Workshop - March 27, 2024

Make a Payment/Donate

The important thing to remember about preventable injuries is that they are preventable.

www.safekidsg.com

**SAFE KIDS GRAND FORKS**

The Problem: Accidental/Unintentional childhood injury

Unintentional injuries are the number one cause of death among children ages 19 and under in the United States. Each year one out of every four children needs medical attention for an accidental injury. In addition, most of these unintentional injuries and deaths are preventable.

The Solution: Safe Kids

Click here to sign up and receive our quarterly

41

41

# Safe Kids Grand Forks

Don't forget to LIKE us on Facebook and FOLLOW us on Instagram



42

42