

# Child Passenger Safety Recommendations

Information from your health care provider  
and Safe Kids Grand Forks

Booster  
to  
Seat Belt



- A child is twice as safe using a booster seat than just a seat belt alone.
- It is important to remember that the “best” child safety seat is the one that properly fits the child, the vehicle, and is used correctly every time. Seat belts are designed for adults and don't usually fit kids until they are 4'9” tall and between 8-12 years old.



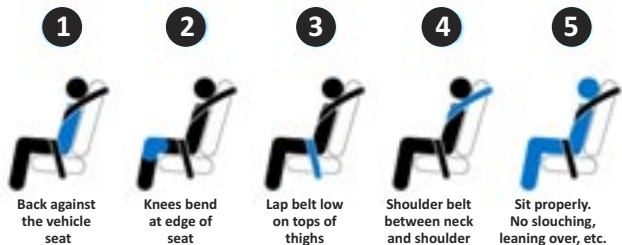
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HEALTH SYSTEM



# Are you ready to graduate from a booster seat to seat belt?

These 5 guidelines **MUST** be met to move out of a booster seat:



## State Laws:

- ND & MN Law requires car or booster seat use until 8 years old

## Other Recommendations:

- Children are safest in the back seat. It is recommended all children 12 years of age or under ride in the back seat.
- To determine if your child is ready to ride without a booster and to find a certified child passenger safety technician in your area, visit Safe Kids Grand Forks at [www.safekidsgf.com](http://www.safekidsgf.com).



**VISION ZERO**  
Zero fatalities. Zero excuses.