

# Family Safety Activity Book

for kids ages 5 to 8

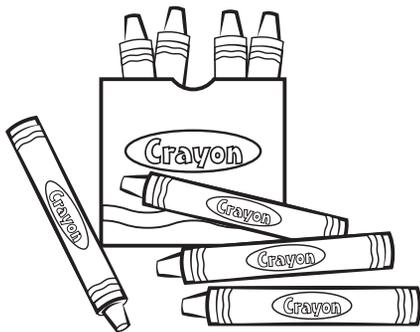
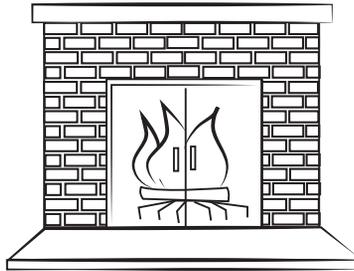
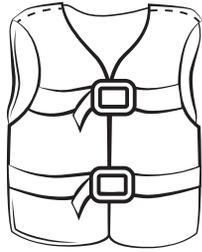
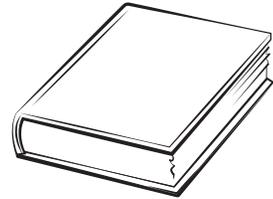


**SAFE  
K:DS**  
GRAND FORKS

**SAFE  
K:DS**  
WORLDWIDE®

# Home Safety

Circle the things that are safe for kids.  
Draw an X on the things that are *not* safe for kids.



# Play Safety: Fill in the Blank

Fill in the blanks using the word bank to learn how to stay safe while you play.

1. Wait for an \_\_\_\_\_ before you play in or near water.
2. Learn how to \_\_\_\_\_ before going to the pool or the beach.
3. Wear a \_\_\_\_\_ when riding bikes, skates, skateboards and scooters.
4. It is not safe to play behind \_\_\_\_\_.
5. Stop, look \_\_\_\_\_, and left again before crossing the street.
6. \_\_\_\_\_ up every ride, every time.

*cars*

*swim*

*adult*

*buckle*

*helmet*

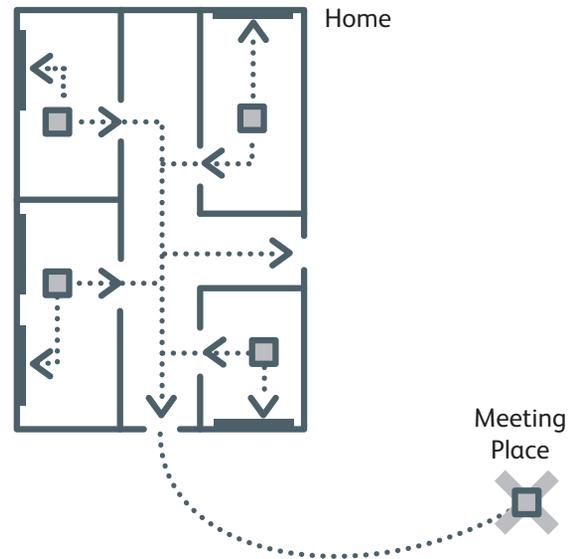
*left, right*



# Fire Safety: How to Make an Escape Plan

1. On the next page, draw a fire escape plan that shows two ways out of every room.
2. Label doors, windows and smoke alarms. Remind adults to test smoke alarms every month to make sure they are working.
3. Choose a meeting place for your family that is a safe distance away from your home.
4. Use your fire escape plan to practice a home fire drill with your family, once during the day and once at night.
5. Make it a goal for everyone to exit the home in less than 2 minutes.

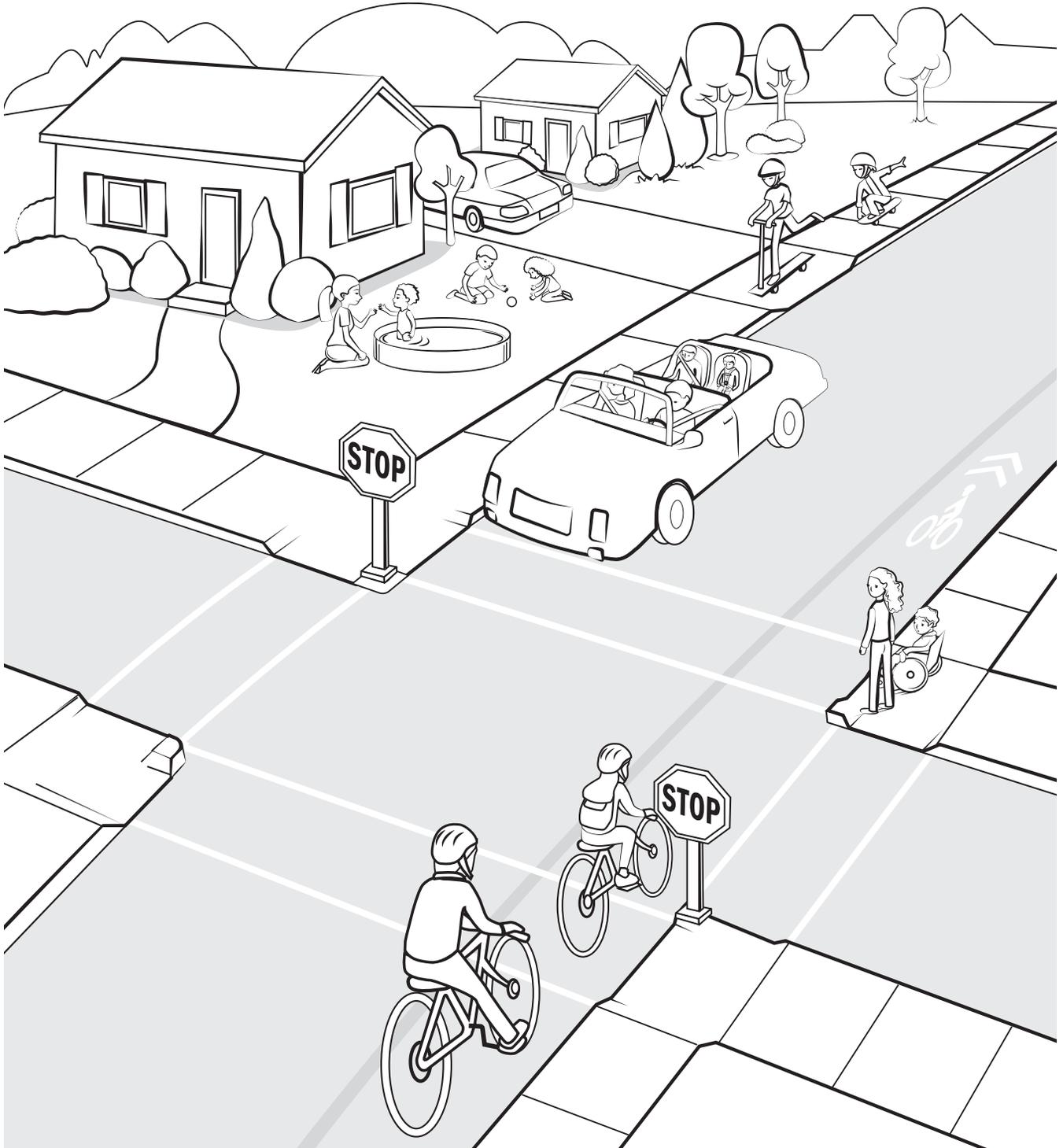
Example:





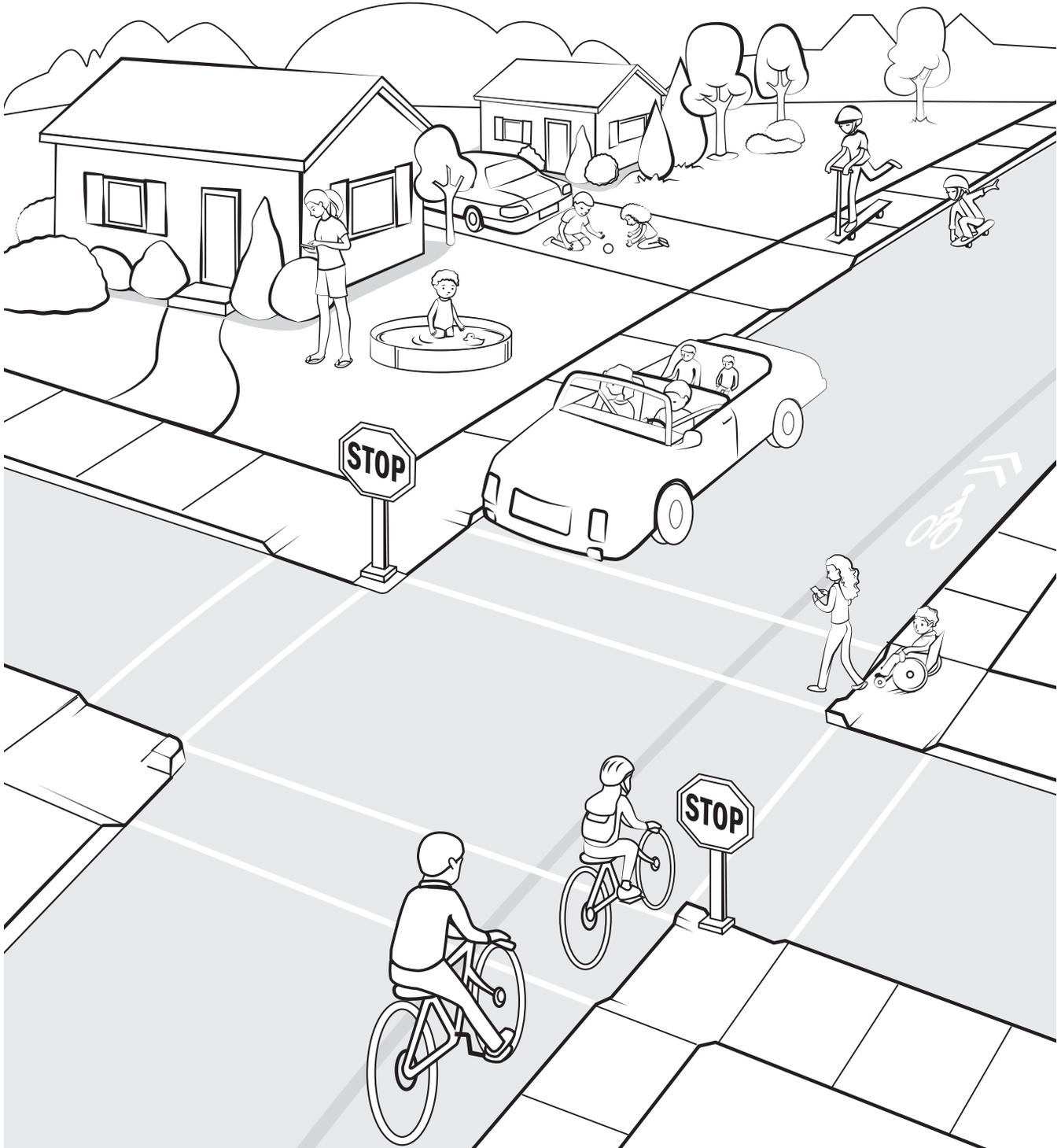
# Spot the Differences: What Is Safe?

Circle the 6 things that are safe.



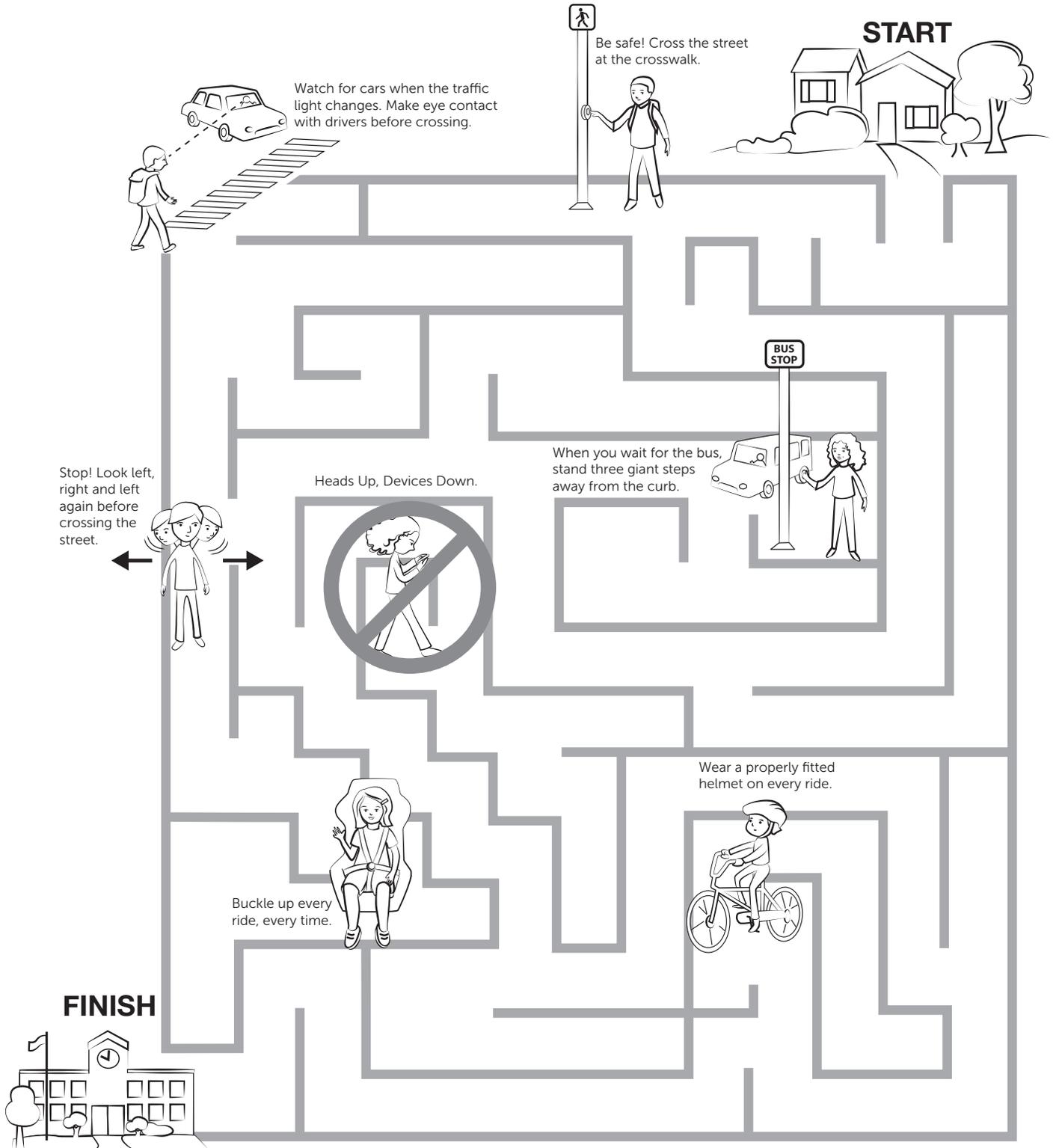
# Spot the Differences: What Is Not Safe?

Draw an X over the 6 things that are not safe.



# Get to School Safely Maze

Can you find your way through the maze to get to school safely?



**Buckle up every ride, every time.**



# Word Search

Circle the words you find from the list below. Words may appear horizontally, vertically, diagonally and may be spelled forward or backward.

BIKE  
CROSSWALK  
FAMILY  
FIRE DRILL  
HELMET

KIDS  
LIFE JACKET  
PEDESTRIAN  
POOL  
SAFETY

SCOOTER  
SEAT BELT  
SMOKE ALARM  
SWIMMING  
TOYS

Y	M	K	H	F	N	I	O	E	M	T	D	K	A
T	E	R	Y	L	I	M	A	F	I	O	W	I	Y
S	S	D	R	E	T	O	O	C	S	E	E	D	T
E	J	P	E	D	E	S	T	R	I	A	N	S	M
C	R	A	L	I	F	E	J	A	C	K	E	T	L
S	Y	O	T	I	E	S	S	R	A	T	H	S	A
O	L	O	O	P	S	A	E	O	N	A	L	S	T
G	N	I	M	M	I	W	S	B	E	A	L	E	K
T	Y	T	E	F	A	S	O	E	E	D	Y	A	E
E	S	T	K	E	A	B	I	K	E	L	O	T	T
E	I	F	I	R	E	D	R	I	L	L	R	B	B
T	S	M	B	A	T	B	S	T	E	M	L	E	H
E	E	E	K	L	A	W	S	S	O	R	C	L	R
M	R	A	L	A	E	K	O	M	S	E	S	T	E



# For Families

## Emergency Contact Information

Police, Fire Department or Ambulance: **9-1-1**

Poison Help Number: **1-800-222-1222**

Doctor: \_\_\_\_\_

Family Member: \_\_\_\_\_

Family Member: \_\_\_\_\_

Friend/Neighbor: \_\_\_\_\_

## Helpful Resources

### Safe Kids Grand Forks

[www.safekidsgf.com](http://www.safekidsgf.com)

### Safe Kids Worldwide

For tips on how to keep kids safe and to find a local coalition near you, visit [www.SafeKids.org](http://www.SafeKids.org).

### Safe Kids Ultimate Car Seat Guide

Visit [www.SafeKids.org/guide](http://www.SafeKids.org/guide) for tips and videos on how to install car seats and booster seats.

### Safe Kids Law Tracker

To find child safety laws in each state, visit [www.SafeKids.org/state-law-tracker](http://www.SafeKids.org/state-law-tracker).

### American Red Cross

Visit [www.RedCross.org](http://www.RedCross.org) to sign up for first aid and CPR classes.

### Over-the-Counter Medicine Safety

Visit [www.scholastic.com/OTCMedSafety](http://www.scholastic.com/OTCMedSafety) for resources on how to teach older kids about medicine safety.

